

## Peer Assistance Online Resource Directory

### National Organizations

#### **American Association of Nurse Anesthetists (AANA)**

222 South Prospect Avenue  
Park Ridge, IL 60068-4001  
Contact: Arthur Zwerling, CRNA, DNP, DAAPM  
E-mail: a.to.z@comcast.net  
Phone: 215-872-6821  
Website: <http://www.aanapeerassistance.com>

*The AANA established the Peer Assistance Advisors Committee. They are involved in research of the education prevention, intervention, treatment and recovery of addiction; and assisting individuals or organizations when requested in the formulation of guidelines regarding intervention, treatment, aftercare and reentry into the workplace of addicted nurse anesthetist.*

#### **American Nurses Association**

8515 Georgia Avenue, Suite 400  
Silver Spring, MD 20910  
Phone: (800) 274-4ANA  
Website: [www.ana.org](http://www.ana.org)

*The American Nurses Association is the only full-service professional organization representing the nation's 2.9 million registered nurses (RNs) through its 54 constituent member associations. The ANA advances the nursing profession by fostering high standards of nursing practice, promoting the economic and general welfare of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.*

*Additionally, ANA has added to its website a new page to help impaired nurses. The [Impaired Nurses Resource Center](#) page offers assistance not only to those nurses who have chemical dependencies, but to those who wonder if they might. It provides ethical guidance for the individual, regarding obligations not only to the patient, but also the duty one has to one's self as well. It offers ethical guidelines as well for co-workers who suspect a colleague of impaired practice.*

## **Anesthetists in Recovery**

Website: [www.aana.com](http://www.aana.com)

*Anesthetists in Recovery is a national network of nurse anesthetists who are in recovery from chemical dependency and substance misuse. We respond to impaired anesthetists who call the national hotline at (215) 635-0183, or visit <http://www.aanapeerassistance.com> for support, guidance and hope.*

## **Consortium of Behavioral Health Nurses & Associates, Inc. (CBHNA)**

1733 H Street, Suite 330

PMB 1214

Blaine, WA 98230

Phone: (800) 876-2236 or (541) 485-4421 (8:30 am - 4 pm Pacific Time)

FAX: (360) 332-2280

E-mail: [CBHNA@aol.com](mailto:CBHNA@aol.com)

Website: <http://www.cbhna.org/>

Contact: Randy Bryson, RN; Executive Director

*CBHNA is focused on the issues, concerns, and respect of nurses practicing in the specialty of chemical dependency. CBHNA has a national certification for nurses in chemical dependency. Peer assistance issues are referred to resources within the organization with reply usually within a few hours.*

## **CyberSober.com**

Website: <http://www.cybersober.com/>

*An online information and support system for members of Twelve Step and other life improvement programs that provides travelers with directions and maps to more than 134,000 meetings throughout the United States. Organizations include AA, Alanon, and other programs for people and family members with dependencies. This site also provides information on alcoholism drug abuse, eating disorders and more.*

## **Legal Action Center**

225 Varick Street

New York, NY 10014

Phone: (212) 243-1313

toll free: 1-800-223-4044

Fax: (212) 675-0286

E-Mail: [lacinfo@lac.org](mailto:lacinfo@lac.org)

Website: [www.lac.org](http://www.lac.org)

*The Legal Action Center is the only non-profit law and policy organization in the United States whose sole mission is to fight discrimination against people with histories of addiction, HIV/AIDS, or criminal records, and to advocate for sound public policies in these areas.*

*For three decades, LAC has worked to combat the stigma and prejudice that keep these individuals out of the mainstream of society. The Legal Action Center is committed to helping people reclaim their lives, maintain their dignity, and participate fully in society as productive, responsible citizens.*

### **Narcotics Anonymous**

World Service Office

P.O. Box 9999

Van Nuys, California 91409

Unites States

Telephone: (818) 773-9999

Fax: (818) 700-0700

Website: <http://www.na.org>

*Narcotics Anonymous provides a recovery process and support network inextricably linked together. One of the keys to NA's success is the therapeutic value of addicts working with other addicts. Members share their successes and challenges in overcoming active addiction and living drug-free productive lives through the application of the principles contained within the Twelve Steps and Twelve Traditions of NA. These principles are the core of the Narcotics Anonymous recovery program.*

### **National Council of State Boards of Nursing (NCSBN)**

111 East Wacker Drive, Suite 2900

Chicago, IL 60601-4277

Contact: Vickie Sheets

Phone: (312) 525-3631

Fax: (312) 279-1032

Website: <http://www.ncsbn.org/>

*Note: Nurses with impaired practice should refer to state listings of appropriate regulatory resource groups. The NCSBN is a regulatory body that has as its members state boards of nursing. They do not provide advocacy, but they are an excellent resource on nationally compiled disciplinary data. Their Chemical Dependency Handbook for Boards of Nursing is an excellent resource for everyone in peer assistance and is available for purchase.*

## **National Organization of Alternative Programs (NOAP)**

P.O. Box 1392

Leander, TX 78646

Phone: (512) 217-1168

E-mail: [administration@alternativeprograms.org](mailto:administration@alternativeprograms.org)

Website: <http://www.alternativeprograms.org/>

*Founded in 1999, the mission of NOAP is to promote public safety through participation of impaired healthcare professionals monitoring, rehabilitation and recovery in alternative programs; emphasizing fitness to practice and retention of competent professionals in healthcare; and working in cooperation with regulatory and professional organizations.*

## **Nurses in Recovery (NIR)**

Website: <http://brucienne.com/nir/>

*This list began mainly for recovering nurses. Since then all recovering health care professionals are welcome to join and participate. The only requirement is that the participant be a healthcare professional and be in recovery or have a desire to be in recovery from drug addiction, alcoholism gambling, codependency... any obsessive compulsive addictive process.*

## **Professional Health Program Resource Network**

Website: <http://www.phprn.com/>

*This site is dedicated to helping professionals easily find recovery-related services for those who are in need. While the primary focus has been to assist Physician Health Programs and other Health Professional Wellness Programs the service is available to all Employee Assistance Programs and others in need of referral resources. Listings can be searched nationwide or by region with focus on the particular service required.*

## **The Recovery Works Resource**

Website:

[www.panurses.org/site/Resources/ClinicalCorner.cfm?filename=peerassistanceresources.htm](http://www.panurses.org/site/Resources/ClinicalCorner.cfm?filename=peerassistanceresources.htm)

*This resource provides links to resources for many different types of addiction: alcohol, drugs, gambling, sexual, work, grief, food and the Internet. Support group and adolescents information also is provided.*

## **Silent Treatment: Addiction in America**

Website: <http://www.silenttreatment.info/>

*At Silent Treatment: Addiction in America, you will find a wide range of resources and links, the latest research on addiction and treatment and personal stories of daily struggles and victories on the road to recovery—including a comprehensive five-part newspaper series appearing in newspapers nationwide, distributed through McClatchy-Tribune News Service.*

*Groups will find tools and links to connect with others dedicated to improving addiction treatment, as well as information on organizing around Silent Treatment. This multi-media, public education project is produced by Public Access Journalism LLC and supported by the Robert Wood Johnson Foundation.*

## **International Organizations**

### **Al-Anon Family Group Headquarters, Inc.**

Al-Anon Family Group Headquarters (Canada) Inc.

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617

Tel: (757) 563-1600

Fax: (757) 563-1655

Email: <mailto:wso@al-anon.org>

Website: <http://www.al-anon.alateen.org/english.html>

*For more than 50 years, Al-Anon (which includes Alateen for younger members) has been offering hope and help to families and friends of alcoholics. It is estimated that each alcoholic affects the lives of at least four other people. Alcoholism is truly a family disease.*

### **Alcoholics Anonymous**

Grand Central Station

P.O. Box 459

New York, NY 10163

Find Local Chapters: [www.aa.org/en\\_find\\_meeting.cfm](http://www.aa.org/en_find_meeting.cfm)

Website: [www.aa.org/](http://www.aa.org/)

*Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any*

*causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.*

**Association of Nurses in Substance Abuse (ANSA) United Kingdom**

Raj Boyjoonauth, RN, Deputy Director  
Substance Misuse Service  
Central and North West London Mental Health NHS Trust  
c/o 282 North End Road  
London, UK SW6 1NH  
Phone: (207) 381-7700  
Fax: (207) 381-7769  
E-mail: [m25patrol@aol.com](mailto:m25patrol@aol.com)

Patrick Coyne  
Nurse Consultant  
Ealing Sector Substance Misuse Service  
Central and North West London Mental Health Trust  
c/o Max Glatt Unit  
St. Bernard's Wing  
Ealing Hospital  
Uxbridge Road  
Southall, Middlesex, England  
Phone: (208) 354-8039  
Fax: (208) 354-8043  
E-mail: <mailto:patrick.coyne@nhs.net>

*ANSA does not provide a formal peer assistance program at present, but is beginning to raise the issue, and can provide advice. They welcome input from the networking community in this directory.*

**International Council of Nurses (ICN)**

3 Place Jean Marteau  
1201 Geneva Switzerland  
+41-22-908-01-00  
E-mail: <mailto:webmaster@icn.ch>  
Website: <http://www.icn.ch/>

*The ICN's mission is to represent nursing worldwide, advancing the profession and influencing health policy. This federation of organizations represents over 120 countries developing standards, guidelines and policies for practice, education, management, research and socioeconomic welfare. This later area addresses issues like occupational health and safety, the impact of AIDS on personnel, nursing retention, etc.*

## **International Nurses Anonymous (INA)**

68 Farrington Road

Croton on Hudson, NY 10520

Contact: Kathy Kavanaugh, Secretary/Treasurer

Phone: (914) 271-3517

E-mail: <mailto:wkavanaugh@aol.com>

Website: <http://members.aol.com/IntNursesAnon>

*INA was established in 1988 to serve an unaffiliated network for nurses who are in a 12 step recovery program. Membership is open to any nurse (student or former nurses included) who consider themselves member of a 12-step group. This includes, but is not limited to AA, NA, OA, Alanon, Narcanon, ACOAN CODA, etc. INA provides a mechanism for recovering nurses to find each other and to "12-step" the newly recovering nurse. Confidentiality is assured."*

## **International Nurses Society on Addictions (IntNSA)**

P.O. Box 10752

Raleigh, NC 27605

Phone: (919) 821-1292

FAX: (919) 833-5743

Website: <http://www.intnsa.org>

IntNSA Peer Assistance Committee

Chair, Cynthia von Grauvogl

GreyDove Services

Mission Viejo, CA 92691

Phone: (949) 830-6323

Email: [CvonGrauvogl@ucla.edu](mailto:CvonGrauvogl@ucla.edu)

*Note: Both the Consolidated Association of Nurses in Substance Abuse (CANSA) and the Drug and Alcohol Nursing Association (DANA) merged around 1999 with National Nurses Society on Addiction (NNSA) to form IntNSA.*

*The goal of IntNSA is to help nurses provide comprehensive, high-quality nursing care of addicted patients and their families. Among the many missions of IntNSA is an advocacy based belief that "nurses have the right to quality treatment for addiction, peer assistance support, as well as the right to re-enter the workforce when successfully participating in treatment and replace prevention efforts."*

*IntNSA also has a certification process (CARN) and an annual educational conference, with sessions on peer assistance. Their Scope and Standards of Addictions Nursing a joint effort with ANA, Core Curriculum on Addictions Nursing, and advanced certification exam in addictions nursing (CARN-A) and*

*major contribution in their Journal of Addictions Nursing, are examples of their major activities in the field.*

### **The Royal College of Nursing - Counseling Service**

20 Cavendish Sq.

London W1MOAB

Phone: 0171 409-3333 (within the United Kingdom)

Phone: 011 44 171 647-3456 (outside the United Kingdom)

Website: <http://www.rcn.org.uk/>

Email: <mailto:webteam@rcn.org.uk>

*The Royal College of Nursing (RCN) is the world's largest professional union of nurses. It has more than 310,000 members - most of who work in the NHS although around a quarter are employed in the independent sector. Working locally, nationally and internationally, the RCN promotes the interests of individual nurses and of nursing as a profession. The RCN is independent and works with all political parties to improve standards of patient care. A registered charity, the RCN is a major contributor to the development of nursing practice and standards of care, as well as being a provider of higher and further education through the RCN Institute. Peer assistance referrals by the RCN are generally through mainstream counseling; however, they also refer to ANSA as a contact.*

### **Treatment Programs**

#### **Challenges Relapse Treatment & Prevention Program**

5100 Coconut Creek Parkway

Ft. Lauderdale, FL 33063

Phone: (954) 917-3334

Toll Free: (888) 755-3334

FAX: (954) 917-9369

Cell: (561) 350-0310

E-mail: [KRainer21@aol.com](mailto:KRainer21@aol.com)

Website: [www.challenges-program.com](http://www.challenges-program.com)

*This might need to be removed for it is a treatment program located in Florida. We might want to include it in a future list, if we ever have one for specific treatment programs that has a tract for nurses with addictions.*

#### **Crossroads at Antigua**

Website: <http://crossroadsantigua.org/website/index.html>

*Crossroads Centre is a Facility for the treatment of adults (male and female) who are dependent on alcohol and other drugs. It is a private, non-profit, 36 bed*

*residential centre. The treatment generally lasts four weeks.*

### **Farley Center**

Website: <http://www.farleycenter.com/treatment.html>

*We strive to blend the professional patient into a treatment setting that minimizes the sense of uniqueness while recognizing the patient's concerns regarding their professional status (i.e. Licensure issues, career management, professional re-entry problems etc).*

### **Palmetto Addiction Recovery Center**

Website: <http://www.palmettocenter.com/>

*Palmetto Addiction Recovery Center provides residential and outpatient therapy for treatment of alcoholism drug addiction, substance abuse, chemical dependence, gambling addiction and sexual addiction. Our addiction therapy plans are developed by a physician who specializes in addiction medicine, and they are tailored to each individual.*

### **PRIDE Institute**

Phone: (800) 54-PRIDE

Email: [support@pride-institute.com](mailto:support@pride-institute.com)

Website: [www.pride-institute.com](http://www.pride-institute.com)

*A resource for chemical dependency and behavioral health services for the gay, lesbian, bisexual and transgender communities. Provides area treatment programs with expertise in addressing the needs of these populations.*

### **Rush Behavioral Health**

Website: <http://www.rush.edu/patients/behavioral/index.html>

*They provide a variety of treatment programs and services from inpatient detox, if needed, to day and evening structure programs, as well as individualized counseling and specialty groups. In addition, all of our locations also offer a full range of mental health services, including individual assessment and therapy along with specialized groups. All Rush Behavioral Health clinical services are directed by board-certified psychiatrists and addiction medicine specialists, supplemented by master's level clinical therapists.*

## **Talbott Recovery Center's Program for Nurses**

Website: <http://www.talbottcampus.com/>

*The Talbott Recovery Campus is extended outpatient treatment based on the philosophy that chemical dependency is a chronic, relapsing disease that affects the individual physically, emotionally, socially, and spiritually.*

## **The Center for Substance Abuse Treatment**

Phone: (800) 662-HELP

Email: [info@samhsa.hhs.gov](mailto:info@samhsa.hhs.gov)

Website: <http://csat.samhsa.gov/>

*The Center for Substance Abuse Treatment (CSAT) of the Substance Abuse and Mental Health Services Administration (SAMHSA), within the U.S. Department of Health and Human Services (HHS), promotes the quality and availability of community-based substance abuse treatment services for individuals and families who need them. CSAT works with States and community-based groups to improve and expand existing substance abuse treatment services under the Substance Abuse Prevention and Treatment Block Grant Program. CSAT also supports SAMHSA's free treatment referral service to link people with the community-based substance abuse services they need.*

## **Prevention/Intervention**

### **Employee Assistance Professionals Association, Inc.**

4350 North Fairfax Drive

Suite 410

Arlington, VA 22203

Phone: (703) 387-1000

Website: <http://www.eapassn.org/public/pages/index.cfm?pageid=325>

*Established in 1971, the Employee Assistance Professionals Association (EAPA) is the world's oldest and largest membership organization for employee assistance professionals, with approximately 5,000 members in the United States and more than 30 other countries. EAPA hosts an annual conference, publishes the Journal of Employee Assistance, and offers training and other resources to enhance the skills and success of its members and the stature of the employee assistance profession.*

*An employee assistance program (EAP) is a worksite-based program designed to assist (1) work organizations in addressing productivity issues and (2) "employee clients" in identifying and resolving personal concerns, including, but not limited to, health, marital, family, financial, alcohol, drug, legal, emotional, stress, or other personal issues that may affect job performance.*

## **Employee Assistance Society of North America (EASNA)**

Website: <http://www.easna.org/home.asp>

*EASNA is an association focused on advancing knowledge, research and best practices toward achieving healthy and productive workplaces. Comprised of thought leaders and change agents, EASNA is focused on ensuring that the EA field continues to grow and flourish by broadening its base of engaged and committed stakeholders.*

## **Research/Educational Information**

### **Addiction Technology Transfer Center**

Website: <http://www.nattc.org/index.html>

*The Addiction Technology Transfer Center (ATTC) Network is dedicated to identifying and advancing opportunities for improving addiction treatment. Our vision is to unify science, education and services to transform the lives of individuals and families affected by alcohol and other drug addiction.*

### **Association for Medical Education and Research in Substance Abuse**

Website: <http://www.amersa.org/>

*AMERSA is an association of multidisciplinary health care professionals in the field of substance abuse dedicated to improving research and education about alcohol, tobacco, and other drugs.*

### **National Institute on Alcohol Abuse and Alcoholism**

Website: <http://www.niaaa.nih.gov/>

*NIAAA provides leadership in the national effort to reduce alcohol-related problems. NIAAA conducts and supports research in a range of scientific areas, including genetics, neuroscience, epidemiology, health risks and benefits of alcohol consumption prevention, and treatment. The institute also coordinates and collaborates with other research institutes and Federal Programs on alcohol-related issues.*

### **National Institute on Drug Abuse (NIDA)**

Website: <http://www.nida.nih.gov/>

*NIDA's mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction. This charge has two critical components: The first is the strategic support and conduct of research across a broad range of disciplines. The second is to ensure the rapid and effective dissemination and use of the results of that research to significantly improve drug abuse and addiction prevention, treatment, and policy.*

## **Substance Abuse and Mental Health Services Administration (SAMHSA)**

Website: <http://www.samhsa.gov/>

*SAMHSA is the Federal agency charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability and cost to society resulting from substance abuse and mental illnesses. To order "Treatment Improvement Protocols" (TIPS) and "Treatment Assistance Protocols," (TAPS) visit <http://store.healthorg/catalog/pubseries.aspx> or call 1-800-729-6686.*

## **SAMHSA's Center for Substance Abuse Prevention**

Website: <http://prevention.samhsa.gov/>

*CSAP works with States and communities to develop comprehensive prevention systems that create healthy communities in which people enjoy a quality life. This includes supportive work and school environments, drug- and crime-free neighborhoods, and positive connections with friends and family.*

## **SAMHSA's National Clearinghouse for Alcohol and Drug Abuse (NCADI)**

Website: <http://www.health.org/>

*The National Clearinghouse for Alcohol and Drug Information (NCADI) is the information service of the Center for Substance Abuse Prevention of the Substance Abuse and Mental Health Services Administration in the U.S. Department of Health & Human Services. NCADI is the world's largest resource for current information and materials concerning substance abuse.*

## **Other Links**

### **American Society of Addiction Medicine (ASAM)**

Website: <http://www.asam.org/>

*The ASAM's mission includes increasing access to and improve the quality of addictions treatment; educating physicians, medical and osteopathic students, and the public; promoting research and prevention; establishing addiction medicine as a specialty recognized by the American Board of Medical Specialties.*

### **International Association for Pain and Chemical Dependence**

Website: <http://www.ampainsoc.org/>

*The American Pain Society is a multidisciplinary organization of basic and clinical scientists, practicing clinicians, policy analysts, and others. The mission of the American Pain Society is to advance pain-related research, education, treatment*

*and professional practice.*

### **Talbott Recovery Center Medication Guide**

Website: [http://www.brucienne.com/nir/Medication\\_Guide.htm](http://www.brucienne.com/nir/Medication_Guide.htm)

### **PBS Moyers on Addiction**

Website: <http://www.wnet.org/closetohome/home.html>

*"My wife, Judith, and I thought we knew about addiction, until it came close to home," says Bill Moyers, referring to his oldest son's struggle with drugs and alcohol. "What we learned about addiction and are still learning, prompted this [5-part] series. It's not about use, or even the occasional abuse, of a substance. We're talking about an obsessive desire – when something you take, drink, or smoke becomes the master of your mind and the tyrant of your life."*