

President's Message

By Carolyn Baird, MBA, MEd, RNC, CARN-AP, CCDP-Diplomate

What do they say? "Spring is sprung, the grass is riz, I wonder where the flowers is?" Well, I can tell you that they are blossoming here at IntNSA.

On January 10th Michael Roncaglio of FlashPoint completed his design work and our new website went live. We have a fresh new look and lots of new features. You can visit www.IntNSA.org for membership categories and dues, a map of members' locations, information on starting an IntNSA Chapter in your area or a list of established Chapters for you to join. We now have an online store where you can purchase books and other items. In time, the conference registration information will be posted for online conference registration. Not certified but you want to be? Visit the certification pages for information and applications. You can find resources for peer assistance, how to apply for our mentoring program, and links to many helpful sites. All members will be pleased to see the site has a members' only section. Unfortunately, this is still under construction. Check back for updates on when it will be available. Finally, please tour our site! Send us feedback on what you like, what doesn't work, ideas of links we might add or features we don't have that you think would be useful.

Our Ad Hoc RFP Committee, Bill Lorman, IntNSA President Elect, and IntNSA Board Members Suzanne Kinkle and Al Rundio, have been hard at work. The RFP (Request for Proposals) went out in December 2006 to a wide audience of interested associations and individuals. By the first of February 2007, they had received 22 letters of intent. As you read this issue, they are hard at work reviewing and evaluating proposals. Our plan is to have our new management staff in place by the middle of summer.

IntNSA is beginning to blossom with opportunities for future partnerships, collaborations and alliances. We continue to move forward with our collaborations with other specialty nursing organizations, with other organizations within the field of addictions and with other individuals and groups who are concerned with the disease of addiction. My visit to the Nursing Organizations Alliance (NOA) Fall Summit provided many opportunities to network with other representatives from specialty nursing organizations, their management companies and support organizations of all kinds (conference planners, publishers, etc.). With suggestions and resources from members



and attendees, the Ad Hoc Committee was able to develop and disseminate our RFP.

IntNSA continues to work with the American Nurses Association (ANA) toward common goals for nursing practice and advocacy for nurses. I represented IntNSA this past February at the spring 2007 Congress of Nursing Practice and Economics in Silver Spring, Maryland at ANA Headquarters. Visit www.nursingworld.org to stay abreast of current nursing events.

ing events.

The 2007 Conference Committee and the National Organization of Alternative Programs (NOAP) are planning some co-sponsored events for Arlington 2007 (*Advocacy & Addictions Nursing: Influencing Policy and Practice*). We have a great committee working for us. The committee is headed up by: Suzanne Kinkle, Practice Committee Chair, Keith Plowden, Education Committee Chair, Katherine Fornili, Policy Committee Chair, and Barbara Berlin, 2006 Conference Chair. Watch for updates and volunteer to take a task. They are planning many exciting events. Check this newsletter for details.

IntNSA will continue to forge relationships with the various organizations serving the field of addictions and/or impacting the field of addictions. We may be nurses who specialize primarily in the treatment of individuals and families with substance use disorders or illnesses, or nurses from other specialty areas who are providing intervention and treatment services in this specialty area. As a part of our professional responsibility we recognize the role of continuing education. We follow the research and advocate for the individuals we serve. Collaborations similar to the one we are forging with Reckitt Benkiser will provide education on the newest psychopharmacological advances, updates on evidence-based practice and changes in state and federal policies. Watch the website for more information.

Mark your calendars for October 11–13, 2007. This year's Annual IntNSA Conference is in Arlington, VA, the DC metro area. We will be at the Hyatt Arlington just outside the gates of Arlington Cemetery. The theme, *Advocacy & Addictions Nursing: Influencing Policy and Practice*, is focused on how we develop the empirical evidence for practice support and change.

Continued on Page 2

We hope you submitted an abstract so you could share the results of your research or your knowledge and experience from your clinical practice. Please plan to attend and learn how to advocate for substance use prevention and treatment, influence the way nurses are represented and perceived and/or where to go for partnerships that make a difference in our practice.

Don't forget. Recruit one new member! Check

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www.IntNSA.org for membership opportunities. Join up! Join in! Be active!

Carolyn Baird

IntNSA President

Nursing continuing education on the Internet!

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Online

www.NursingCEU.com

A wide variety of nursing and addictions focused classes. We are looking for writers—contact Wild Iris Medical Education at 707.937.0518 or e-mail: nurses@nursingceu.com.

Important Member Information

Change of Address / E-mail Address Requested

If you have a change of address, please contact headquarters. Also, to better serve IntNSA members, an up-to-date member e-mail list continues to be compiled. Urgent news and requests will be sent to you via this e-mail listing. Please send your updated information to Cathy Buffington, Secretary, IntNSA, cbuffington@intnsa.org. Please include the following: Full name, mailing/street address, apartment number, city, state, zip or postal code, country, phone, and e-mail address.

IntNSA Online!

Check out the
IntNSA Web Site!
www.intnsa.org

2007 Advertisement Rates for *IntNSA TODAY*

1/8 page — \$75

1/4 page — \$125

1/2 page — \$195

Full page — \$325

Rates listed are for
camera ready material, in U.S.



Newsletter Summer 2007

Thank you for your continued support and contributions. Deadline for articles is May 1, 2007. Send to IntNSA headquarters c/o info@intnsa.org. All submissions are welcome and will be considered as space permits. Please note, all articles are subject to revision at the discretion of the *IntNSA TODAY* newsletter editorial board. Employment opportunities and other ads are welcome. See rates in left column. Please submit all articles in Microsoft Word format.

—Juliann Pancari, RNBC, BSN, MEd,
CAC Dip, CCDP Dip, CCS,
Newsletter Editor

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Editor Juliann Pancari

Editorial Board Carolyn Baird and Theresa Varela

News and Applause

Did you know ... that there is an electronic forum available to all nurses interested in topics related to addictions nursing (clinical practice, education and research)? This electronic discussion list, known as ADDCTNSG (abbreviation for Addictions Nursing) is available to you at no cost. Stay in touch with others practicing in your area of interest. To subscribe, simply send an e-mail message stating you learned of the list in this newsletter to Dr. Elaine R. Feeney, at RNCPHD@gmail.com.

Christine Vourakis, DNSc, RN Professor, California State University, Sacramento Editor-in-Chief, *Journal of Addictions Nursing* was recently appointed Professor Emeritus at Samuel Merritt College in Oakland, CA beginning Spring 2007. She was also awarded the annual Research Award for her research in addictions by Nu XI Chapter-At-Large of Sigma Theta Tau International on January 15, 2007. Congratulations Christine!

Elizabeth M. Pace, MSM, RN, CEAP, IntNSA Treasurer was recognized by Colorado Advocates for Recovery as Advocate of the Year at their Annual Fall 2006 Recovery Rally in Denver. Speaking at the rally was Dr Westley Clark, CSAT Director and Colorado Speaker of the House of Representatives Andrew Romanoff.

IntNSA Chapter News

IntNSA Chapters

by Dorothea Shoemaker, RN, Board Chapter Liaison

Congratulations to our newly formed Greater Atlanta Chapter—launching their second educational meeting with wonderful success.

Have you visited our beautiful new website? Kudos to all involved in producing this excellent site. Please visit. All of our chapters offer excellent educational meetings and it is helpful to be able to contact the chapter Presidents to obtain more information on their activities and perhaps become a chapter member.

We have spoken to several prospective chapter builders since our Annual meeting and await their initiation and formation.

Peg Salinger, IntNSA Chapters Co-Chair, Cathy Buffington, IntNSA Secretary, and I have been working together to update the forthcoming IntNSA Chapters Handbook. With this revision, we are hopeful future chapter initiators will find explicit guidance helpful in promoting and developing new chapters.

If you have questions, please contact Dottie Shoemaker at dottieshoemaker@aol.com or Peg Salinger at pegsalinger@verizon.net

Dottie Shoemaker
IntNSA Chapters Co-Chairman

New York City Chapter

During our last Annual Conference, in Philadelphia, PA, several IntNSA members expressed interest in developing a New York City Chapter. The initial group since then decided to meet in the Spring to bring forth ideas and help this chapter come to fruition. Anyone who is interested in the planning, organization and development of a greater New York chapter should contact Theresa Varela at tvarela@projectsamaritan.org.

Certification in Addictions Nursing

CARN Eligibility Includes:

- Current (RN) Registered Nurse licensure
- Three years' experience as an RN
- Within the five years prior to the application, a minimum of 4,000 hours (two years) of nursing experience related to addictions

FEE: IntNSA members—\$175/Non-members—\$275
(*Non-US nurses who meet the eligibility criteria are also invited to apply.*)

CARN—AP Eligibility Includes:

- Current CARN certification or meet eligibility criteria
- Master's degree or higher in nursing
- Minimum of 500 hours of supervised direct patient/client contact in advanced clinical practice in addictions/psychiatric/mental-health-nursing. All 500 hours may be earned while in the master's program.

FEE: IntNSA members—\$275/Non-members—\$375

Applications available online at www.IntNSA.org.

Update From the Foundation for Addictions Nursing

The Foundation has developed information and an area on our new website that members can access for news about activities and interests. Foundation Trustees are seeking support from a variety of corporate and individual sources, specifically endowments that would generate ongoing opportunities for growth. We appreciate any information you may have about organizations or individuals who might like to partner with us because of shared interests or congruent values. We are aware that many worthy organizations seek support and we are hoping that members remember us for their charitable giving.

All donations to the Foundation are tax-deductible.

Foundation for Addictions Nursing Fundraiser

FAN Trustees need your help to take advantage of the Pizza Hut fundraising opportunity. Individual IntNSA members or Chapters may contact the Pizza Hut fundraising department at 800.927.4749 or speak directly to all Managers at the Pizza Hut(s) nearest you. You may take a FAN brochure to help you to explain to the Pizza Hut Manager that we are the non-profit/fundraising component of an international nursing organization as well as what the funds will be used for. Each Pizza Hut can identify a 2006–2007 FAN PIZZA NIGHT and will donate 20% of the income for that night to FAN. You may be asked to sign a Pizza Hut fundraising agreement as a representative of the organization.

Nominations for Annual IntNSA Awards

Every year the International Nurses Society on Addictions takes advantage of our yearly conference to recognize nurses who are members of IntNSA for the outstanding contributions they are making in their communities and workplaces. Who do you know who is making a difference in the areas of Education, Research/Theory, Administration/Management, Clinical/Direct Services, Impaired Practice/Peer Assistance, Community Service/Advocacy?

For example, last year at IntNSA's 2006 Annual Conference, Bill Lorman, President Elect, presented Deb Beck of Pennsylvania with the IntNSA Spirit Award

Recruiting 2007 FAN Trustee Candidates

Interested in becoming more involved? Being a FAN Trustee is one of the many ways IntNSA members and others working in addictions can. If you are interested in learning more about the application process and the responsibilities of a FAN Trustee, please talk with any IntNSA Board Member or FAN Trustee.

Trustees

Juliann Pancari, RNBC, BSN, MEd, CAC Dipl., CCS, CCDP, Dipl. jvpancari@yahoo.com

Diane Snow, PhD, APRN, BC, CARN, PMHNP
snow@uta.edu

Elaine Feeney, PhD, RN
mcphd@gmail.com

Take your family and friends to Pizza Hut on the 2006–2007 FAN Pizza Night(s). When Pizza Hut(s) have determined the amount to be donated, the check should be made out to FAN and submitted to:

Elizabeth Pace, IntNSA Treasurer
Peer Assistance Services, Inc.
2170 S. Parker Rd., Suite 229
Denver, CO 80231

Lets join together to make this FAN fundraiser a success. If you have any questions about this FAN fundraising opportunity, please feel free to contact FAN Chair Juliann Pancari at jvpancari@yahoo.com.

acknowledging her work and the progress she has made within the Commonwealth of Pennsylvania on behalf of those requiring treatment for chemical dependence.

We realize that time flies by and something as important as this can just fall off the “to do” list. Please take this opportunity to recognize the valuable contributions made and nominate individuals for these awards.



Visit www.IntNSA.org for the criteria, deadline and nomination forms.

Notices

Letter from the Editor of the *Journal of Addictions Nursing*

Dear IntNSA Colleagues:

The *Journal of Addictions Nursing* continues to gain visibility and prominence in nursing and the addictions field. Thus, while we are definitely pleased with this growth and the subsequent increase in manuscript submissions, we are in need of Peer Reviewers to aid us in choosing strong papers to include in each issue.

You are the experts in the field and therefore most qualified to review submissions and to share your knowledge on a paper's suitability for the journal. So if you are so inclined to join the journal in our ef-

orts to maintain the high quality of its contents, please fill out the "Peer Reviewer Profile and Agreement Form" included in the Newsletter and fax to me at 916.278.3826 or email me at cvourakis@csus.edu and I will send you the form electronically.

Thank you for your support of the journal as we continue to develop as an invaluable source for clinical and scientific information on addictions for all health care providers.

Best regards,

Chris Vourakis, DNSc, RN, Editor

2007 IntNSA Annual Educational Conference

The 2007 IntNSA Conference "Advocacy and Addictions Nursing: Influencing Policy and Practice" will be held on October 10-13, 2007 in Arlington, Virginia. As we did last year, we have planned to have the conference in collaboration with the National Organization of Alternatives Program (NOAP). The conference committee members have been busy meeting via teleconference over the past few months. Since our theme this year is policy related, we are planning a trip to the Capital Hill, to meet with state Representatives. Kathy Fornili, Policy Committee Chair has been instrumental in organizing this trip. We also planned a Legislative Process Training for those conference attendees interested in going to the "Hill" to meet their state Representative. We have confirmed both Dr. David Rosenbloom, from *Join Together*, (who has helped create a Blueprint that state governments need to follow to develop effective alcohol and drug policies that will save lives, restore families and reduce crime) and Mark Sarneso, Vice President of Governmental Relations, CRC Health, Inc. "Access and Advocacy for Change" as a presenter.

As always, we will be having a social event following the end of the conference. I have enlisted conference committee "Locals" Carolyn Jewell and Judy Tomlinson to help out with the planning of this event.

If you are interested in taking the CARN or CARN-AP exam, we will be offering the Review course and Exam for both at the conference. A study guide is available for the CARN exam at www.IntNSA.org in the online store.

We have extended the **Call for Abstracts** to March 16, 2007 and invite you all to submit papers. Submission guidelines are available at www.IntNSA.org under the events tab.

All **sponsors and exhibitors** must be registered no later than July 15, 2007. Exhibitors whose fees are received prior to July 15, 2007, will be listed in the conference proceedings. Registration and security requirements are available at www.IntNSA.org under the events tab.

New Certifications Earned

The following people earned their CARN or CARN-AP certifications in October 2006

CARN

Helaina Adamo
Vorsha Armbruster-Castillo
Melinda Armstrong
Alison Beebe
Suzan Blacher
Valerie Capozoli
Merridee Dobbeck
John Harkreader
Kathleen Kristopik
Margaret Loggins
Lisa Lord
Colleen Magur
Charlotte Meck
Kathleen Oaks
Christina Olaguer
Marcella Oliver
Debra Pitts
Melony Rebic
Heidi Smith
Carol Thomas
Helen Towle
Norine Walsh
Valorie Wise
Teresa Zielinski

CARN-AP

Susannah Gleeson

IntNSA Award Nominations

Education Award

Criteria specific to this award: Nominee must fulfill one or more of the following: (a) Known as an exemplary teacher who brings attention to addictions issues by influencing students, health professionals, legislators, and/or the public. (b) Develops an innovative methodology, curriculum, or program for education in addictions. (c) Stimulates knowledge development, research, and/or theory development in addictions nursing through teaching.

Research Theory Award

Criteria specific to this award: Nominee must fulfill one or more of the following: (a) Introduces a significant new theory and/or research-supported approach to addictions. (b) Conducts exemplary research and/or theory development in addictions and communicates findings. (c) Mentors others in the research and/or theory development process. ***Please note this is different from the IntNSA Research Grant.***

Administration/Management Award

Criteria specific to this award: Nominee must fulfill one or more of the following: (a) Initiates the development and implementation of innovative programs for addictions. (b) Participates in the administration of a program that results in improved care for the addicted patient/client. (c) Implements standards of addictions nursing practice that results in improved staff development and staff satisfaction. (d) Demonstrates success as a nursing leader, with the ability to interpret nursing roles and functions in the treatment of addictions.

Clinical / Direct Services Award

Criteria specific to this award: Nominee must be a CARN or CARN-AP and fulfill the following: (a) Demonstrates knowledge and expertise in the specialty of addictions. (b) Enhances the breadth and depth of addictions nursing practice. (c) Enhances the image of addictions nursing by making creative contributions in the service of quality care.

Impaired Practice/Peer Assistance Award

Criteria specific to this award: Nominee must be employed or a volunteer/advocate in the area of impaired practice/peer

assistance for nurses and must fulfill one or more of the following. (a) Initiates and/or actively participates in local, state, regional, national, or international impaired practice/peer assistance legislation. (b) Participates in the development and implementation of prevention and/or intervention programs for impaired practice/peer assistance.

Community Service/Advocacy Award

Criteria specific to this award: Nominee must fulfill one or more of the following: (a) Develops and implements an innovative prevention or intervention non-profit program in addictions as a volunteer in the community. (b) Provides outstanding service as a volunteer to an existing non-profit organization that has a focused interest in prevention or intervention in addictions.

The IntNSA Spirit Award

Purpose: To recognize an individual or organization who has made an outstanding contribution to the field of addiction.

General Criteria: The nominee is not a member of IntNSA or a nurse but a visionary, member of the general public, or member of the addictions field. Documentation and evidence of expertise, service and/or contributions must accompany the nomination.

Selection: The Recognition and Awards Committee will determine awards. Any member of IntNSA may submit nominations to the committee on the official nomination form. Awards are presented at the annual educational conference.

Criteria specific to this award: Nominee must fulfill one or more of the following: (a) Has demonstrated a commitment to individuals and families suffering from the disease of addiction and made an outstanding contribution to assist in the fight against this disease. (b) Has been recognized by others for efforts to raise awareness, increase opportunities for education/or the quality of education. (c) Has made outstanding contributions toward advocacy, research, education or collaboration. (d) Has supported funding, legislation, treatment, prevention or public awareness efforts.

Suggestions for New Columns

Suggestions for new columns are welcomed by the editor; contact IntNSA headquarters "attention newsletter editor" at info@intnsa.org. We continue to pursue attraction of advertisement to offer employment opportunities, books, and other items of interest while also assisting in defraying rising costs. Please suggest our newsletter if your place of employment is seeking someone for a position. Many employers are pleased to know that we have access to so many nurses certified in addictions.

Nursing Peer Assistance

Who Helps the Helpers?

Contributed by Prudie Orr, PhD, APRN-BC, APN

Nursing doesn't make us sick, but being a nurse is associated with health risks. Breakdown in nurses is often characterized by the "professional impairment cluster," a combination of psychiatric and/or substance use disorders and physical illness that disrupt health and interfere with professional practice standards. Estimates have placed the number of affected nurses at one in eight (Journal of Addictive Diseases, 1997), a disturbingly high figure in view of the burden on the ill professional, the potential risk to patients and the responsibility of the profession for maintenance of professional standards.

Until the late 1970s, ill health care professionals were considered untreatable (they were too knowledgeable, very good at helping but resistant to being helped, etc.). Regulatory boards addressed practice violations through a transgression-punishment/practice-termination model without regard to the contribution of illness. By the early 1980s, however, treatment for professionals became available, and along with it the realization that poor practice standards were often directly related to illness. Positive treatment outcomes and demonstrated ability to practice safely prompted professional bodies and state boards to recognize the need to "treat and return" ill nurses to health and

the workplace, rather than to "catch and release" them from the profession. This recognition heralded a major humanitarian policy shift that acknowledged practitioner vulnerability and the profession's responsibility to respond, and created the illness-treatment/health restoration model.

Outcomes of the model have included the creation of diversion, allowing for documented health restoration as a substitute for board sanction, and the creation of monitoring programs to certify treatment/recovery compliance. Unfortunately, the current lack of professionally approved program standards and the lack of meaningful outcome measures renders their real effectiveness unknown. Once remedied, the information can guide further program development.

Regardless of current needs, nursing's 1980s policy shift to collegial health restoration has produced the saving of lives, licenses and livelihood that would otherwise have been lost. Future tasks include ensuring the quality of the policy and its programs that so positively promote health for professionals, robustness in professional standards and safety for all patients.

IntNSA Mentoring Program

Purpose?

The purpose of the IntNSA Mentor Program is to offer educational guidance and support for professional nurses conducting research, developing theory and/or engaging in clinical practice related to addictions. The program offers mentoring support to nurses who do not have appropriate faculty or supervisors available to assist them with advanced practice, theoretical, or research issues. As a result of the program, IntNSA anticipates attracting more nurses to the field of addictions.

What is an IntNSA Mentor?

Mentors are IntNSA members who, based upon their curriculum vita, have the background required to assist the mentee to achieve her/his specific goals. The mentor and protégé will agree on the protégé's goals and each person's responsibility in achieving those goals. They will determine what support is needed and will develop a plan with a timeline. If the pair is located within the same geographical area, they will meet on a regular basis to evaluate the attainment of goals. If it is necessary that a long distance relationship be maintained, a regular e-mail and phone schedule will be developed.

The mentor is not to replace the role of faculty adviser or supervisor. If the protégé is a nursing student, her/his role should be approved by the appropriate nursing faculty member. The limitations of the mentor's responsibilities should be understood by all parties. Mentors are personally responsible for determining if there is a conflict of interest with their employing agencies.

What is an IntNSA Protégé?

Protégés may be new to the field of addictions, or may be experienced in the area. However, they are required to be IntNSA members. The protégé's faculty advisor, supervisor, or other individual who oversees the protégé's research, education, or practice must provide a supporting letter indicating that the protégé has the experience resources necessary to complete the project.

Mentors are needed immediately. Please visit us at www.IntNSA.org and click on the mentoring tab to submit a mentor application. For additional information, please contact [Donna Marie Wing](#), RN EdD CARN, IntNSA Board member.

2007 IntNSA Annual Educational Conference

International Nurses Society on Addictions

31st Annual Conference
Hyatt Arlington
Arlington, Virginia

October 11–13, 2007



For additional information, call 484.318.6739
or visit us at www.IntNSA.org

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2. _____

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Please send an electronic copy of your resume/curriculum vita to the Editor at cvourakis@csus.edu.

I agree to the following:

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3. Maintain confidentiality of the contents of the manuscript, and properly dispose of the manuscript so that the author's rights are protected.

Please sign, date and return.

Signature: _____ Date: _____

Please fax this completed form to Christine Vourakis, Editor
***Journal of Addictions Nursing* at 916.278.3826.**