

# NEWS WAVE

*"To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research, and policy development."*

AN OFFICIAL PUBLICATION OF THE INTERNATIONAL NURSES SOCIETY ON ADDICTIONS

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## President's Message

*By Albert Rundio Jr., PhD, DNP, RN, APRN, NEA-BC, CARN-AP*



There has been a lot happening at IntNSA since our very successful conference this past September.

The *Journal of Addictions Nursing* is now being published by Lippincott. Lippincott's extensive data base and publications should serve IntNSA well and increase readership of our journal. I really want to thank Christine Vourakis, Editor of the *Journal of Addictions Nursing*, for her leadership in making the transition from Informa (our previous publisher) to Lippincott. It was really a very seamless transition.

The SBIRT (Screening – Brief Intervention – Referral to Treatment) initiative has been gaining momentum since our conference. Deb Finnell crafted a letter that I sent to the Board of the American Nurses Association. I am happy to announce that they have approved IntNSA's request that all nurses in all practice settings adopt SBIRT in practice.

We all owe Colleen Corte and the 2012 Conference Committee our sincere thanks for planning and executing an incredible conference (please refer to Conference Highlights in this issue of the NEWS WAVE).

The financial situation of our organization is not good. Being transparent (one of my initiatives) is at times sharing not so good

news. The role delineation study conducted in 2012 for the CARN and the CARN-AP exams along with new test construction has drained our financial resources. As an organization we had to do this. We MUST get the CARN and the CARN-AP exams accredited, however, accreditation comes with a cost. We basically have constructed a break-even budget and we have drastically reduced expenses where needed. We will continue to analyze and justify each expense item; however, another solution is increasing revenue. We are open to any ideas for revenue generation. We now have 618 members of IntNSA. If we all contributed an extra \$25.00 this year (less than \$2.50 per month), we would generate another \$15,450.00 of revenue, which certainly would help with the financial situation. Being quite frank – if IntNSA is going to remain a viable entity, we need to generate more income. It is the responsibility of all of us to keep IntNSA financially stable. Let's be proactive. The TIME to ACT is NOW!!!!

I look forward to working with all of you and to seeing you in Washington, DC at the Madison Hotel for our next conference: Riding the Wave of Change in Health Care: Inter-professional Collaboration & Caring for Substance Use Disorders scheduled for October 9 -12, 2013.



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## 2012 IntNSA Conference Wrap-up

Our 36th annual conference entitled “Nurses caring for patients across the continuum of substance use: Leading change and advancing health” was held in Washington, DC from September 5 to 8, 2012, and it was a resounding success. The goal of the conference committee was to have a high quality scientific program that was revenue generating. By all accounts, we met our goal. There were 171 conference attendees and the conference generated revenue for the first time in several years.

The conference began with an opening reception that included an Addiction and Art exhibition, as well as live and silent auctions that generated over \$7000 for the Foundation of Addictions Nursing. The opening reception received rave reviews. The scientific program had an emphasis on Screening, Brief Intervention and Referral to Treatment (SBIRT) with a preconference on SBIRT training, as well as keynote sessions, and concurrent sessions on the topic. There were also concurrent sessions and posters on a wide range of other topics germane to addictions nursing research, clinical practice, education, and policy.

Attendees heard keynotes from leaders in addictions, health care, research, and policy from the National Institute on Drug Abuse, National Institute on Alcohol Abuse and Alcoholism, Kaiser Permanente, Emergency Nurses Association, the American Nurses Association, and the Veterans Administration.

One of the highlights was a panel discussion on policy to support practice with leaders from Substance Abuse and Mental Health Services Administration, White House Office of National Drug Control Policy, Joint Commission, Health Resources and Services Administration, Centers for Medicare and Medicaid Services, American Association of Colleges of Nursing, and our very own Madeline Naegle from NYU. Eric Goplerud from NORC at the University of Chicago moderated the panel discussion. A modified fishbowl approach was used so that the panelists could have a lively discussion with the audience rather than a formal presentation to the audience. This was very well-received with the only critique being that it should have been longer than 1.5 hours.

The conference evaluations were largely positive with 98% of the participants reporting that the content was relevant to the program goals, 67% reporting that the program content was excellent, and 71% reporting that the speakers were excellent. Probably the best measure of success was that 94% of participants reported that they would recommend the conference to their colleagues. On behalf of the conference planning committee, I thank you for the opportunity to be of service to IntNSA. We hope that next year's conference planning committee has as much fun planning the next conference as we did planning this one!

Colleen Corte, 2012 Conference Program Chair  
Elizabeth Pace, Board Liaison  
Conference Planning Committee:  
Carolyn Jewell                      Tara Haskins  
Nancy Altman                        Brie Reimann



## Treasurer's Report

By Elizabeth Pace, MCM, RN, CEAP

We continue to accomplish much with limited resources. As reported to you at the Annual Meeting, the 11-12 FY ended with planned, projected loss. Net assets of the organization were used in order to implement a contract with AMP Testing to complete a role delineation study and to implement enhanced testing procedures. This was a critical step to ensure the future of the CARN credential. With the hard work of ANCB, we are on our way!

Ongoing financial oversight includes that of the staff accountant and Executive Director, Treasurer and Finance Committee, Executive Committee and Board of Directors. The capacity of IntNSA relies upon our fiscal health. While the 12-13 budget projects a modest gain, revenue from increasing membership, conference attendance and sponsorship, certification expansion and publication growth, is the mainstay our success. The 2012 conference had larger than projected attendance and a modest profit with an expanded list of sponsors and exhibitors.

With increasing costs and increasing demand for IntNSA member services, the Finance committee will propose strategies to increase revenue from our core activities to go into effect for FY 12-13. Please contact us with your ideas as we move IntNSA forward.

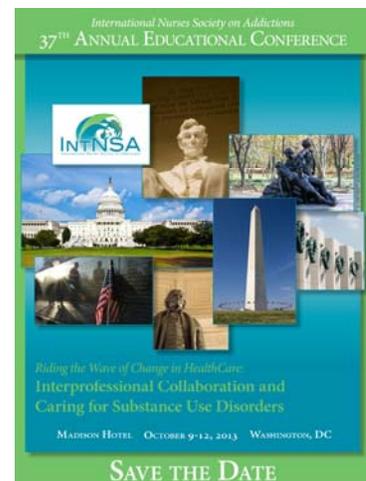
## Call for Abstracts

### 2013 Call for Abstracts

Abstract Deadline:  
Friday, March 15, 2013

Submissions are only accepted electronically at  
<http://www.surveymk.com/s/IntNSA2013Abstracts>.

Visit the [IntNSA website](http://www.intnsa.org) for more details.





## 37th Annual Educational Conference

**Reserve October 9 – 12, 2013 on your calendar for IntNSA's 37th Annual Conference!**

*Riding the Wave of Change in Health Care: Interprofessional Collaboration and Caring for Substance Use Disorders*

Once again, IntNSA will hold its' annual conference at the notable Madison Hotel in Washington, D.C. The conference planning committee has been actively working to plan for an exciting 37th Annual Conference, and one that promises to empower the audience with well-known and well-respected leaders in the fields of addiction and mental health.

The opening Keynote Speaker is A. Thomas McLellan, Ph.D., CEO of the Treatment Research Institute in Philadelphia. Many of us recognize Dr. Thomas McLellan as a leader in the development of the Addiction Severity Index (ASI) and Treatment Services Review (TSR). Dr. McLellan also served as a Deputy Director at ONDCP in the Obama Administration.

Other notable Keynotes invited to speak this year are Carlo C. DiClemente, one of the co-developers of the Trans-theoretical Model of Change, a widely researched model to assess the stages of change for facilitating positive lifestyle choices with those with addictions. Dr. DiClemente is currently Professor and Chair of the Psychology Department at University of Maryland Baltimore County. Dr. DiClemente serves as the Director of the HABITS (Health and Addictive Behaviors: Investigating Transtheoretical Solutions) Lab at the University of Maryland, and also serves as Director of the MD (Maryland) Quit Tobacco Research Center.

In keeping with the Interdisciplinary theme for this year's conference, Dr. Gloria Donnelly, PhD, RN, FAAN, Dean and Professor of Drexel University College of Nursing and Health Professions, will also speak at the conference. Dr. Donnelly is the Dean of a range of undergraduate, graduate, certificate and CEU programs whose focus is education of interdisciplinary health care teams.

Many who attended IntNSA Annual Conference in Greenwich, CT in 2010 will be delighted to know that Carmel Clancy, RN, PhD, Chair of the Mental Health Department at Middlesex University in London has been invited back to speak. Dr. Clancy's talk related to her research of role development and career stages in addiction nursing fascinated those in the audience who heard about her work. Dr. Clancy will speak on her recent research with nursing students at Middlesex University coming into the fields of mental health and addictions.

Pre-Conference Workshops include President of IntNSA Dr. Al Rundio's always well attended CARN/CARN AP review course; Dr. Bill Lorman, former President of IntNSA, will offer an LPN Addiction Course to LPN's, whose numbers are many, working in the addiction field; and finally, Dr. Carlo DiClemente has offered a member of his staff (person's name to be announced) to run a workshop focusing on tobacco cessation using motivational interviewing.

Currently the [Call for Abstracts](#) is open with a deadline of March 15th. See the attached link to review how many of you can share your work with us at the conference.

Stay tuned to the NewsWave and website as further plans are confirmed for this exciting upcoming IntNSA Annual Conference!

Committee Chair: Dana Murphy-Parker, MS, RN, APRN-BC  
Committee Members: Suzan Blacher, Carmel Clancy, Suzanne Fogger, Katherine Fornili, Suzanne Kinkle and Bonnie Tateham

International Nurses Society on Addictions  
37<sup>TH</sup> ANNUAL  
EDUCATIONAL CONFERENCE  
OCTOBER 9-12, 2013 MADISON HOTEL WASHINGTON, D.C.



## 2013 Webinars Series

IntNSA's next webinar offering will be presented on March 4

**Sudden Closure of a Buprenorphine Office: Are You Prepared?** *presented by*

**Deborah S. Finnell, DNS, PMHNP-BC, CARN-AP, FAAN** School of Nursing, Johns Hopkins University

**Attendance is free but registration is required - [SIGN UP TODAY!](#)**

IntNSA will hold 5 more FREE webinars before June 30, 2013, [learn more on our Upcoming Events Page](#)

The webinars are part of the PCSS-O webinar series which were kicked off last year. If you missed any of the 2012 webinars, all of them are archived on the IntNSA website. Go to the [Upcoming Events](#) page on the IntNSA website for more details.

Funding for these webinars was made possible (in part) by (1H79T1022022) from SAMHSA. The views expressed in written webinar materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



### Log On & Get Connected!

Visit the IntNSA website at [www.intnsa.org](http://www.intnsa.org). We encourage you to log on and browse around.

Get connected with your IntNSA colleagues by joining us on [Linked In](#) and [Facebook](#). Get frequent updates on events and education opportunities, start a discussion group as well as network with fellow members.

[Join us online today!](#)

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## Get Certified!

You have the opportunity to become a Certified Addictions Registered Nurse (CARN) or Certified Addictions Registered Nurse - Advanced Practice (CARN-AP).

These examinations, implemented by the Addictions Nursing Certification Board (ANCB), determine the ability of the test taker to apply knowledge from nursing and related disciplines to the care of persons with problems resulting from patterns of abuse, dependence, and all aspects of addictions.

The fees for these certifications are as follows:

### CARN

IntNSA Member: \$195  
IntNSA New Member: \$335  
Non-Member: \$395

### CARN-AP

IntNSA Member: \$295  
IntNSA New Member: \$435  
Non-Member: \$495

Non-U.S. nurses who meet the eligibility criteria are also invited to apply.

Applications and eligibility criteria are available online at <http://www.intnsa.org/certification/examination.asp>

For those of you wishing to apply for CARN and CARN-AP certifications click [here](#) for the handbook and application.

## New CARN & CARN-AP Certifications Announced

Congratulations to the following individuals for receiving their CARN and CARN-AP certifications:

### CARN

Erin Adams  
Richard Adams  
Jennifer Adderly  
Marva Ambrose  
Lorraine Arsenault-St.Pierre  
Doleres Bagot  
Kimberly Baldwin  
John Barboza  
Debra Barker  
Rene Belony  
Ronda Blackson  
Donna Bloom  
Stephanie Bobby  
Erin Boerum  
Kelly Borsberry  
Alexandra Brotzman  
Terry Brown-Pollard  
Marion Bubela  
Erin Burrell  
Jill Canzaro  
Allysa Carlstedt  
Carol Chin  
Nancy Clark  
Rebecca Cleveland  
Paula Collins  
Ramona Currie  
David Dermann  
Natalie DeStefano  
Derriell Dorsey  
Christine Durham-Pressley  
Janis Duval  
Sadie Fesler  
Melissa Gerbozy  
Mari Glynn  
Sandra Gray  
Barbara Grondin  
Dawn Hahn  
Carole Haworth

Laurie Holland  
Mary Holt  
Julian Howe  
Latoya James  
Elizabeth Jennings  
Jacqueline Johnson  
Lisa Jordan  
Carol Kahn  
Courtney Kaiser  
LaRita Knight  
Julie Krier  
Linda Kuelto  
Linda Ledford  
Lauren Lindsey  
Debra Lloyd  
Susan Loudermilk  
Elizabeth Malvey  
Andrea Mascorro  
JoAnn Maule  
Susan McElhone  
Charles McNear  
Fretchen Neuman  
Leah Patterson  
Anne Playter  
Thomas Posten  
Patricia Radley  
Jennifer Ravailoi  
Francesca Rivas  
Paula Rodney  
Patricia Rohde  
Mark Romero  
Angela Ruivo  
Cherie Schaffner  
Tracy Schurman  
Vanessa Segur  
Ruth Smith  
Rachel Stearns  
Patricia Stowell  
Kerry Tattan

Sheara Tillman  
Melissa Torrance  
Marie Trenouth  
Karen Tucker  
Rosalie Villecco  
Gwen Vinson  
Glenna Walker  
Kristin Wensley  
Amy Young  
Carol Zappulla  
Teresa Zielinski

### CARN-AP

Carl Ankrah  
Barbara Bennett  
Charon Burda  
Dawn Copas  
Dorothy Corrigan  
Theresa Damien  
Richard Ferri  
Crystal Fitzpatrick  
Shelly Grey  
Melissa Hinton  
Elaina Jensen  
Danielle Kamine  
Sharon Krieger  
Mary Merkel-Custer  
Maryanne Murray  
Anne Opuda  
Sarah Senita  
Lisa Shamblin  
Lynn Shell  
Linda Smith  
Carolyn Smith-Goff  
Jaimie Stafford  
Elizabeth Swope  
Dawn Williamson

## Next Recertification Deadline: June 30, 2013

The next CARN / CARN-AP Certification expiration is on **June 30, 2013** and any applications received after the expiration date will need to include a \$100 reactivation fee. Late applications will only be accepted up to two years after the expiration date.

Download the recertification application and instructions online at:

<http://www.intnsa.org/certification/recertification.asp>



## FAN News

*By Carolyn Baird and Sheelagh Rutherford*

The 2012 Annual IntNSA Conference in Washington, DC was a great success! Due to donations from our generous supporters the Foundation for Addictions Nursing (FAN) was able to bring five attendees to the conference through scholarships. This year's Silent Auction was even more successful than previous years. Individual members, IntNSA Chapters, agencies and exhibitors donated items from gift cards to original artwork and handmade quilts to Williamsburg vacations. Some of these items were highlighted at the first Live Auction held at the Welcome Reception and Art Exhibition! We thanked each contributor of items for the Silent Auction with a chance for a free registration to the 2013 conference. A big THANK YOU goes out to all our generous donors for their continuing support of FAN and our Mission.

This year FAN awarded Lois Widley Student Scholarship for conference registration and a \$500 stipend to four nursing students, 2 in graduate programs and 2 in undergraduate programs. The scholarship recipients are Shaz Nowzari, Sandra Jones, Patcharee Jaugarun, and Cassie Dean. Congratulations to the winners! The Cathy Buffington Scholarship for conference registration and a \$500 stipend is awarded to a nurse currently employed as an addictions nurse. The 2012 recipient is Caroline Yu Martinez. Again, thank you to all whose generosity made it possible to support the educational endeavors of IntNSA through our competitive scholarships.

Each year the IntNSA Board of Directors supports funding of a research grant to stimulate research that supports addictions nursing. The IntNSA Research Committee completes a peer review and makes the award decision. For 2012 FAN was able to fund this award at \$2,000. The successful candidate for the 2012 IntNSA Board of Directors Research Award is Janet Hutchinson. Her proposal was for her dissertation research at the University of Central Florida: "Treating Anxiety with Alpha Wave Stimulation after Detox". FAN thanks the IntNSA Board of Directors for supporting this award.

Just a reminder. All donations to FAN are tax deductible. Please plan on supporting our future fundraising activities. Set aside your donations for the 2013 Silent Auction now. If you missed this year's conference, we will be selling new FAN merchandise (lanyards, visors, Fan of FAN Frisbee, and koosies) on the [www.intnsa.org/FAN](http://www.intnsa.org/FAN) website. Check out the website store for all the FAN merchandise or to make your year-end donation. It is still possible to donate while shopping through [iGive](http://iGive). Help FAN continue the support for the mission of IntNSA!!

Donate to FAN...It's as easy as one click!



### Mission of FAN

The Foundation for Addictions Nursing (FAN) supports the mission of the International Nurses Society on Addictions. The primary activities of FAN are to cultivate resources to advance the profession of addictions nursing, develop partnerships with individuals and organizations, and, together with the members of the organization, identify initiatives to advance the specialty.

## LOOK!

At the new items in the IntNSA Online Store





## ANCB Corner

The Addictions Nursing Certifications Board (ANCB) is not a group to sit on its laurels and be satisfied with the status quo. At the 2012 Annual Educational Conference in Washington, D.C., the ANCB membership changed. Longtime member of ANCB and its most recent Chairperson, Carolyn Jewell, PMHNP, CARN-AP, APRN-BC, retired. Carolyn is a staunch supporter of certification for addiction nurses and a key contributor to our new and improved certification exams. Her wisdom, guidance and presence will be missed. New officers and board members are now in place and ready to take on the challenges of having the certification examinations accredited. The new Chair is Rosemary Smentkowski, BSN, RN, CARN. Rosemary has been a Director of ANCB since 2010 and is well versed in the workings of the board. Prior to her work with ANCB, Rosemary sat on the IntNSA Board of Directors for 2 years. New Vice Chair is Suzan Blacher, MSN, RN, CARN, CCIT. Suzan was an IntNSA Board of Director for 4 years prior to appointment to the ANCB Board of Directors in 2011. Both Rosemary and Suzan have affirmed their commitment to having ANCB become accredited and the certification examinations be the standard by which the public recognizes quality addiction nursing care. Nancy Heider-Campbell, PhD, FNP-C, CARN-AP, FAANP, longtime ANCB Director has taken on the role of Secretary. Veteran board Directors Colleen Labelle, RN, CARN, Sara Azimi-Bolourian, MSN, MHA, MBA, Virginia Coletti, PhD, RN, NPP, CARN, CS, and Elizabeth Fildes, RN, BSN, MA, EdD, CARN-AP return as board Directors. The ANCB Board welcomes 2 new Directors to the board; Judi Tomlinson RN, CARN and Anne Opuda, PMHNP-BC, CARN-AP.

### **ANCB Accomplishments:**

Because certification means that the person who is certified meets the highest standards of knowledge, skills and expertise, the exam that is administered to assess these attributes also needs to be of the highest merit.

The Certification in Addictions Registered Nursing (CARN) and the Certification in Addictions Registered Nursing-Advanced Practice (CARN-AP) are the only certifications for nurses working in the field of addictions. For these reasons, the ANCB embarked upon a mission to “certify” its certification examinations. The ANCB chose to have the American Board of Nursing Specialties (ABNS) to certify its examinations. The ABNS was chosen because it is known for its high standards for test development and robust requirements for program administration. The ABNS is the organization that certifies the American Nurses Certification Center (ANCC) examinations. Director, Keitha Beamer, MSN, APMHCNS, BC, CARN-AP, attended the ABNS conference and networked with members of ABNS to ensure that this organization would be in line with the goals of ANCB. Undertaking this monumental task also meant a financial commitment needed to be made. The international Society on Addictions Nursing (IntNSA), the parent organization of ANCB, also felt that the RDS was of such great necessity that they agreed to underwrite the funding for the RDS.

Under the highly knowledgeable and experienced guidance of Carolyn Jewell, PMHNP, CARN-AP, APRN-BC, and Virginia Coletti, PhD, RN, NPP, CARN, CS, along with the Directors of the ANCB, in conjunction with Applied Measurement Professionals, Inc. (AMP), this awesome task was begun in the fall of 2011. This group became the working committee charged with moving forward with the RDS and certification of the exams process. This committee’s tasks were to:

1. Develop a sampling plan
2. Identify topics and plans for the survey instrument
3. Identify content categories
4. Determine the relevant rating scales
5. Determine the relevant demographic variables of interest
6. Integrate demographics, rating scales, topics



## ANCB Corner *continued*

One of the first things to be required was a role delineation study (RDS) of its members. A RDS is necessary to identify the roles, knowledge and tasks of addictions nurses and advance practice nurses. This actually required two RDSs in order to capture the varied roles of each nurse entity. This was done with a web-based survey. The committee evaluated the results of these nationally distributed surveys to determine what areas of knowledge (recall, application of knowledge, and analysis of patient situations) as well as levels of comprehension should be included and assessed on the CARN and CARN-AP exams.

With ANCB launching two new examinations, new items needed to be written. A call for subject matters experts was placed to the membership of IntNSA. At the 2012 Annual Educational Conference, in Washington, D.C. in September, an item writing workshop was held. This workshop offered information about how a certification exam is developed and participants were able to learn techniques for writing questions (items) for both the ANCB certification examinations, as well as, other examinations the participants may work on. All item writers were required to be CARN or CARN-AP certified. Additionally, a “cut score study” was conducted to help the ANCB establish the passing points for the new examination.

In October, 2012, the first of the new exams was administered. Like the many examinees, we are awaiting the results of this auspicious examination. ANCB will continue to evaluate, the questions, write new items and to make the examination the definitive assessment of addiction nursing.

ANCB is voicing a challenge to you the membership, for Subject Matter Experts (SMEs) and item writers. All CARN and CARN-AP nurses are invited to volunteer their expertise in keeping our test bank current with evidenced based questions. Please contact IntNSA if you are interested.

## Why Become Certified?

Certification attests to attainment of specialized knowledge beyond the basic nursing credential.

**Certification serves to maintain and to promote quality nursing care by providing a mechanism for nurses to demonstrate their proficiency in a nursing specialty area.**

It documents that special knowledge has been achieved, elevates the standards of addictions nursing practice, and provides for expanded career opportunities and advancement within the specialty of addictions nursing.

Thus, **certification benefits the nurse, the profession of nursing, and the public!**



The Bridge Between Practice and Research in Addictions Nursing

## International Nurses Society on Addictions

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#### Editor:

**Al Rundio, Jr., PhD,  
DNP, RN, APRN, CARN-  
AP, NEA-BC, DPNAP**



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## Our Vision

To be a global leader in addictions nursing.

## Our Mission

To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research and policy development.

International Nurses Society on Addictions  
37<sup>TH</sup> ANNUAL EDUCATIONAL CONFERENCE

INTNSA

Riding the Wave of Change in HealthCare:  
Interprofessional Collaboration and  
Caring for Substance Use Disorders

MADISON HOTEL OCTOBER 9-12, 2013 WASHINGTON, DC

SAVE THE DATE

Join us in Washington, DC for our 37<sup>th</sup> Annual Educational Conference.

Learn more at [www.intnsa.org](http://www.intnsa.org)!

## Submit an Article

Thank you for your continued support and contributions. Deadline for articles is May 1, 2013. Please send them to IntNSA headquarters c/o [intnsa@intnsa.org](mailto:intnsa@intnsa.org). All submissions are welcome and will be considered as space permits. Please note, all articles are subject to revision at the discretion of the *IntNSA News Wave* editorial board and should be submitted in a Word format. Thanks for your continued support of IntNSA.

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