

Volume 2, Issue 1

January 12, 2011

Inside this issue:

Message from the Secretary	2
Governmental Affairs Update	3
2010 Annual Educational Conference Summary	4
2010 Award Winners	5
2011 Call for Award Nominations	5
FAN News	6
New CARN & CARN-AP Certifications Announced	6
2011 Call for Abstracts	7
Nurses Health Study III	7
Save the Date	8

President's Message

By Deborah Finnell, DNS, PMHNP-BC, CARN-AP



Alliances are agreements between two or more parties, made in order to advance common goals and to secure common interests. In concert with other health care providers, addictions nurses, across the globe, have a common interest – caring for individuals, families, communities, and populations impacted by addictions. As an organization, IntNSA can partner with others to carry out our mission – *to advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research and policy development.* Several recent activities illustrate how alliances address IntNSA's goals – increasing visibility, growing our membership, disseminating knowledge and information, and enhancing advocacy efforts.

IntNSA's October 20-23, 2010 conference provided opportunities to interact with colleagues from the U.S. and various countries. Dialogue, networking, and formal presentations served to broaden conference attendees' perspectives on addictions nursing. The gathering of addictions nurses from around the globe also provided an opportunity for an impromptu meeting on Friday evening. With no preset agenda, attendees from Brazil, Canada, and the United Kingdom met with IntNSA leadership to discuss our common interests in addictions. By the end of the meeting, there was consensus to work on a global position statement to identify the basic knowledge, abilities, and skills needed for nurses to provide this care. This meeting served to build relationships that transcend geographic boundaries to focus on common goals. Dialogue will continue over the next several months to develop a strategic plan for this project.

Monica Evans-Lombe, Executive Director and I represented IntNSA at the November 2010 summit meeting of the Nursing Organizations Alliance™ (NOA) in Portland, Oregon. The NOA meeting provides a forum for identification, edu-

cation, and collaboration building on issues of common interest to advance the nursing profession. The keynote speaker was Dr. Michael Bleich, a committee member of the Robert Wood Johnson Foundation on the Future of Nursing at the Institute of Medicine (IOM). In providing an overview of the IOM report, *The Future of Nursing: Leading Change, Advancing Health*, Dr. Bleich challenged nursing specialty attendees to consider what is at stake if we don't change. The climate in the room was electrified as Dr. Bleich provided the focused messages and recommendations in conjunction with the plan for implementation. Note the four key messages in the report (available at <http://www.iom.edu/nursing>). These actions will enhance nurses' abilities to lead change and advance health.

- Nurses should practice to the full extent of their education and training.
- Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.
- Nurses should be full partners, with physicians and other health care professionals, in redesigning health care in the United States.
- Effective workforce planning and policy making require better data collection and information infrastructure.

In his presentation, Dr. Bleich commented, "while nurses are the most trusted profession, the public does not know what we do." IntNSA will help fill this gap by asking members to submit stories about what they do in their day-to-day roles as practitioners, educators, and researchers, working across the continuum of care and across settings and populations. We will post additional information about this project on <http://www.intnsa.org>.

Continued on page 4



2010-2011 Board of Directors

President

Deborah S Finnell, DNS, PMHNP-BC, CARN-AP
New York
finnell@buffalo.edu | Term expires: 2012

President Elect

Albert Rundio Jr., PhD, APRN, BC, CARN-AP
New Jersey
arundio@aol.com | Term expires: 2012

Secretary

Dana Murphy-Parker, MS, RN, APRN-BC
Wyoming
dmurphy@uwyo.edu | Term expires: 2010

Treasurer

Elizabeth Pace, MSM, RN, CEAP
Denver
epace@peerassist.org | Term expires: 2011

Directors

Suzan Blacher, RN, BSN, CARN, TTS
Florida
suzanb5753@aol.com | Term expires: 2011

Colleen Corte, RN, PhD
Illinois
ccorte@uic.edu | Term expires: 2011

Tara Haskins, RN, MSN, FPMHNP-BC
Louisiana
taratingle@gmail.com | Term expires: 2011

Judith Tomlinson, RN, CARN
Virginia
jtomlinson@mcvh-vcu.edu | Term expires: 2010

Debra F. Hobbins, DNP, APRN, LSAC, CARN-AP
Utah
debra.hobbins@gmail.com | Term expires: 2012

Stephen Strobbe, PhD, RN, NP, PMHCNS-BC,
CARN
Michigan
strobbe@med.umich.edu | Term expires: 2012

Becky Eisenhut, MS, RN, CASAC, CARN
New York
becky.eisenhut@nysna.org | Term expires: 2011

Ex Officio

FAN Board Chair

Elaine Feeney, PhD, RN
Maryland
rncphd@gmail.com

ANCB Board President

Virginia Colletti
North Carolina
connie.mele@mecklenburgcountync.gov | 2010

JAN Editor

Christine Vourakis, DNSc, RN
California
cvourakis@csus.edu

Message from the Secretary

By Dana Murphy-Parker, MS, RN, APRN-BC

Following the Conference in Old Greenwich, IntNSA held a Board meeting with a new change of leadership, President Deb Finnell, and President-Elect Al Rundio. Elizabeth Pace remains as Treasurer. Continuing Directors of the Board were welcomed back, and include, Judi Tomlinson, Suzan Blacher, Tara Haskins, and Colleen Corte, while new Board members, Becky Eisenhut, Debra Hobbins, and Stephen Strobbe, were greeted in their new role. In addition, with our former Secretary, Al Rundio, now President-Elect, I was delighted to be appointed as Secretary for the coming year.

In my role as Secretary, I will be reporting to you via the *IntNSA News Wave* on a regular basis to update you with the activities of the Board. By doing this, I will be your "liaison" from the Board and keep the avenues of communication open between the Board and members.

In this past meeting, Board members got better acquainted with each through the the ice breaker, *True Colors*, planned by Deb Finnell, and Executive Director, Monica Evans-Lombe. This is an activity which is fun, and identifies four personality styles that are easy to understand, remember, and utilize individuals' various strengths. A good way to get to know one another and begin to build teamwork!

Deb Finnell gave each Board member the book, *Boards that work: A practical guide to building effective Association Boards* by Douglas C. Eadie. Our plan is to start each conference call with a 10-15 minute discussion among Board members from planned readings. Our next conference call will center on the first and second chapters and discussion will focus on: What do we as a board need to do to make IntNSA more effective? Are we leading in the steady movement toward realizing a clear vision? Are we demonstrating progress in carrying out IntNSA's mission and goals (membership, visibility, dissemination of knowledge/information, advocacy).

Monica introduced the Board to the *Five-step Change Process in Knowledge Based-Governance*. This will be the process used when the Board has identified an agenda item which needs to be addressed. This process provides background information regarding the agenda item, discussion and deliberation of the agenda item, final recommendations, and what action is needed by the Board.

Further discussion centered around Strategic Planning Review and Goals for 2010-2011. These items are to be continued on the next Board call planned for January 10. I look forward to continuing my communication with you regarding the Boards discussions and plans as we make conscious on-going decisions for the success of IntNSA. In the meantime, if anyone needs any clarifications regarding the Boards' undertakings and activities, please let me know. I look forward to serving as your Secretary over the next year.

Dana



Governmental Affairs Update

By Wade Delk, Director of Governmental Affairs

Over the last several months IntNSA Governmental Affairs has worked towards the goal of increasing organizational visibility, and striving to seek our rightful place at the table where issues of concern to us are addressed.

Along with members of the Americans for Nursing Shortage Relief (ANSR), and the *Nursing Community*, we supported and signed-onto letters that were sent to the House and Senate Appropriations Committee for Title VIII nursing funding. The purpose was to seek a 10% increase in funding for FY 2011 over the FY 2010. Our task was to increase the new funding level to \$267 million. Throughout June and July we sought support from both House and Senate Members to advance this. We were pleased early on when the House increased the number to \$292 million. We then with other nursing organizations (ANSR and the Nursing Community) sent two additional letters to the Senate Appropriations Committee seeking their support of the House number. Again we were pleased that the Senate did include the increased number in their bill. We then sent thank you letters to the House and Senate Committees thanking them for their support.

IntNSA is a new member of the Pain Care Forum (PCF), an alliance of approximately 40 pain organizations and pharmaceutical companies. They held a meeting in July at which Dr. Tom McLellan, Deputy Director of the Office of National Drug Control Policy (ONDCP), attended and spoke. During the meeting Dr. McLellan suggested that the members of the PCF write him to comment on our mutual interests. In the letter we wrote that we shared his concerns about the following areas:

- The need for increased attention to help create an informed public about medications, their potential harms and benefits.
- Overdoses from pharmaceutical opioids and other medicines.
- The confusion of physical dependence with addiction, as one example of the need for better training.
- The sources of diverted medicines.

ONDCP is also seeking to facilitate the coming together of pain-oriented professional organizations with those representing primary care prescribers to jointly re-evaluate the delivery of pain care and to agree on acceptable protocols and other guidance to improve prescribing and ongoing care practices. We urged him to have this initial meeting be organized by the White House. During the meeting there was a consensus that a White House conference, similar to the one held over two decades ago to address much of the same problems with achieving the balance between appropriate medical use and nonmedical use of these medicines is timely, and could be very important in shifting practice and policy toward a new era of better use of these medicines with less harm to patients, abusers and society. We stated that we would be very willing to work with the executive branch on planning and participating in such a conference.

We continue to work with the *Nursing Community*, a coalition of approximately 60 nursing organizations, to advance our issue and those of mutual interest to all nursing organizations. In July they launched a new website. IntNSA is listed as a member and our logo is included in those scrolling through with the other member organizations. It also links to our website. You can see this by going to www.thenursingcommunity.org and clicking on the "members" tab at the top. This relationship is one that is working well, and there is no cost for membership.

We also continue to work with ANSR, a coalition of approximately 60 nursing organizations. I have been named co-chair of this organization. This provides a great opportunity for us to be more visible as an organization as well as having our issues brought to the forefront. ANSR is planning a meeting in mid-December with the new HRSA Director of the Division of Nursing, Julie Sochalski, Ph.D., R.N., FAAN. I will be attending that meeting.

Over the next several months we will be meeting with both new and old Members of Congress to create awareness about our organization and our issues. In the spring we are planning a Capitol Hill Fly-in day. This will give you, our members, a chance to visit with Congressional offices to discuss issues of importance to IntNSA. If you are interested in participating please let me know.

If you are going to be in the Washington, DC area at anytime over the coming year please let me know. It will be great to have you attend Congressional meetings with me. Your expertise in those meetings will be invaluable.

If you have any questions or would like to talk about issues that you think IntNSA should be involved in or advance please let me know. I would love to hear from you.

Wade Delk
IntNSA Government Affairs Director
202-253-7862
wdelk@goamp.com

View a video update from Wade using the link below or clicking on Wade's picture:

<http://www.youtube.com/watch?v=XdiLIYFJMkE>





The 2010 Annual Educational Conference boasted attendance of just under 200! Thank you to all who attended and made the conference such a success!

We would also like to thank our Sponsors (below) and Exhibitors for their generous contributions!



President's Message Continued...

In another alliance, IntNSA will join 55 specialty nursing organizations by signing the *Global Vision Statement on Care of Older Adults* (http://consultgerirn.org/uploads/File/REASN_Global_Vision_Statement.pdf). This global vision statement was developed through REASN (Resourcefully Enhancing Aging in Specialty Nursing), a project of the Hartford Institute for Geriatric Nursing at New York University's College of Nursing. Abuse of alcohol, prescription drugs, and illicit drugs by older adults is a growing concern for this largest group of health care users across all settings. Virtually all nurses care for older adults in their subspecialties. Signing this vision statement increases IntNSA's visibility, promotes addictions nursing, and conveys our advocacy for the health of older adults.

IntNSA's alliance with the American Society for Pain Management Nursing (ASPMN) has been strengthening over the past several months. IntNSA and ASPMN have worked on the Risk Evaluation and Mitigation Strategies (REMS) project with goals of educating prescribers on the risk factors for addictions in individuals with chronic pain, and ensuring better monitoring is

in place for those at-risk. Carolyn Jewell is at the helm of the 2011 IntNSA conference planning committee, working collaboratively with the ASPMN conference planning committee. Mark your calendars for September 7 – 10, 2011 for Tucson, Arizona! This joint conference focusing on the management of pain and addictions will bring increased visibility to our respective organizations. We also expect this conference to attract attendees and prospective new members to our respective organizations.

The alliances described above advance IntNSA's goals – increasing visibility, growing our membership, disseminating knowledge and information, and enhancing advocacy efforts. Addictions nurses make a difference in the lives of individuals with whom we are entrusted and in the alliances we make to lead change and advance health.

Wishing you a healthy and joyous new year!

2010 Annual Educational Conference Summary

By Judi Tomlinson, RN, CARN - 2010 Conference Planning Chair

A wonderful time was had by the attendees of the 2010 IntNSA Educational conference in Greenwich, Connecticut -- that was the consensus of the evaluations we received.

The theme of "Learning from each other -A Global Perspective of Addictions" was met by both attendees and speakers. We welcomed a contingent from Brazil for the first time, and several Canadians. Our speakers from Canada and the UK were informative and gave us lots to think about.

There were a number of first time attendees who were encouraged to come back to future conferences, and as usual renewing friendships made our time special. One of the main highlights identified was our social event to "Stepping Stones" home of Bill & Lois Wilson. Special thanks to Tim Finnell for being instrumental in such a special time. It had several things that epitomizes AA – 1. a large coffee urn and many coffee mugs in the kitchen 2. Numerous versions of the Serenity prayer, in several languages. What struck me most was the peace that was felt all over the house and grounds and Bills special hut.

The conference planning committee would like to thank everyone for making the Conference such a success. Special thanks to our Management Company who worked so hard --Monica, Melissa, Christie and Kimberly.

Looking forward to seeing you all in Tucson next year!



2010 Award Winners

The International Nurses Society on Addictions conferred awards to several members in recognition of their achievements and contributions to the field of addictions nursing. This year's recipients are:

- Research Award** - Patrick Coyne, MS, DNP
- Clinical Care Award** - Carolyn Jewell, NP, CARN-AP, APRN-BC
- Peer Assistance Award** - Rosemary Smentkowski, RN, CARN
- Community Service/Advocacy Award** - Joanne Kommer, RN *(no photo)*
- Chapter of the Year** - North Carolina Chapter
- Newcomer of the Year** - Bonnie Tateham, RN, BSN, MN, GNC
- Legislator of the Year** - Congressman Patrick J. Kennedy *(no photo)*
- Spirit Award** - Karen M. Carpenter-Palumbo, LMSW
- President's Award** - Dorothea Shoemaker, RN, CARN

Congratulations to all!

Call for Awards 2011

IntNSA is soliciting nominations for its awards, which will be presented at the yearly conference. Please consider nominating colleagues for these awards. Completed nomination forms must be received at IntNSA headquarters by **June 1, 2011**. IntNSA appreciates your input.

[Click here to download the nomination form.](#)

The IntNSA Awards

Purpose: To recognize the nurse who has made an outstanding contribution in one of the categories.

General Criteria: Nominee must be a current member of IntNSA and an RN. Documentation and evidence of expertise, service, and/or contributions must accompany nominations as appropriate.

Selection: The Recognition and Awards Committee will determine awards. Any IntNSA member may submit nominations to the committee on the official nomination form. **All nominations must be returned to the IntNSA office by June 1, 2011.**

Frequency: Awards are presented at the IntNSA Annual Conference.

Awards Available:

- Education Award
- Research Award
- Management Award
- Clinical Care Award
- Peer Assistance Award
- Community Service/Advocacy Award
- Mentoring Award
- Chapter of the Year
- Newcomer of the Year

[Click here for more details on each award.](#)

Recognize your
colleague's
accomplishments,
nominate them for
an IntNSA Award
today!

In order of listing to the left:





Get Certified!

You have the opportunity to become a Certified Addictions Registered Nurse (CARN) or Certified Addictions Registered Nurse - Advanced Practice (CARN-AP).

These examinations, implemented by the Addictions Nursing Certification Board (ANCB), determine the ability of the test taker to apply knowledge from nursing and related disciplines to the care of persons with problems resulting from patterns of abuse, dependence, and all aspects of addictions.

The fees for these certifications are as follows:

CARN

IntNSA Members: \$175

Non-Members: \$275

CARN-AP

IntNSA Members: \$275

Non-Members: \$375

Non-U.S. nurses who meet the eligibility criteria are also invited to apply.

Applications and eligibility criteria are available online at www.intnsa.org.

Foundation for Addictions Nursing News

By Elaine Feeney, PhD, RN

Thank you to everyone who visited the FAN table and bid on Silent Auction items. FAN raised \$1,904 in the Silent Auction, \$2,012 in direct purchases and donations. That brings our total revenues from the conference activities to \$3916. In addition, we now have two additional Platinum Patrons (donations of \$500 or more). They are Art Zwerling and Martha Wunsch, who were speakers at our 2010 conference.

Because of your generosity the FAN trustees find that we will be able to award enhanced scholarships to our educational conferences. Stay tuned for more information on this wonderful opportunity!

The FAN trustees would like to remind you that when you do your on-line shopping, you can support FAN at the same time. There are over 700 merchants who participate in this activity. All you have to do is go to the link <http://www.iGive.com/F-ADDNSG> and sign in as a participant. If you download the toolbar to your homepage, it will give you a very convenient reminder to use the portal for all your shopping and browsing.

Bonnie Franckowiak's iGive experience (Bonnie is a FAN Trustee):

So...I'm shopping on line, like always. I make my purchases, now I just wait for the merchandise to show up at my front door. It's so easy. It's a good thing. But then a couple days later, I get an email from Betty at iGive, telling me that my purchases have been registered, and my donations have been sent to the Foundation for Addictions Nursing. How can that be? All I did was shop!

Then I remember...a few months ago I signed up for iGive and designated FAN as my recipient. It didn't cost me anything, and it only took a minute or two. Now when I shop, iGive remembers me – at lots of online stores. I don't have to do anything else since that initial sign-up. It's so easy. It's a really good thing.

I was amazed, too, at all the great deals I had access to, just for signing up for iGive. What a great benefit of IntNSA membership! Dozens and dozens of merchants offer special prices on line, when you are an iGive customer. No club cards, no records to keep. Just sign up once, and you're done. You'll have fun while iGive does all the work. You'll feel good about helping FAN. It's a really, really good thing.



Donate to FAN...It's as easy as one click!

New CARN & CARN-AP Certifications Announced

Congratulations to the following individuals for receiving their ANCB CARN and CARN-AP certifications:

CARN

Bruce Michael
Amy L. Cochran
Joel R. Cunningham
Jessica Fowler
Vonnie S. Hines
Deborah S. Howe
Lisa G. Huser
Virginia Latimer
Scharrish E. Loudermilk
Teresa L. Marshall
Erica L. McArthur
Carol A. McNeil
Darla R. Nekorchuk
Pula T. Gregory
Carolyn S. Rhoday

Rose E. Romero
Sharon M. Schrantz
Lynn E. Ambrose
Marie M. Bate
Geraldine A. Bernier
Leslie H. Black
Tamera L. Briles
Linda R. Burns
Debra Dowdell
Eileen B. Foster
Louise H. Hixon
Mary Lamphear
Sandra J. Lee
Eric D. Marcum
Paula I. McHale
Renaee D. Milhoan

Amanda B. Potter
Carrie L. Rodick
Tarr D. Richard

CARN-AP

Vanessa B. Coats
Virginia Singer
Debra D. Soto
Caitlin P. Vasquez
Catherine D. Wilson
Christopher G. Bennett
Suzanne M. Lee



2011 Call for Abstracts

NEW Deadline: Monday, February 14, 2011

The International Nurses Society on Addictions (IntNSA) invites you to submit a proposal for a symposium, paper session, and/or poster session at the 35th Annual Educational Conference to be held September 7-10, 2011. This year's theme is *Management of Pain & Addictions: Broadening Our Perspectives*. The 2011 Annual Educational Conference will boast approximately 200 participants, 30 sessions, 20 exhibits and a chance to bid on items at the Foundation for Addictions Nursing silent auction.

We also are meeting in conjunction with the American Society for Pain Management Nursing (ASPMN), which will include an additional 500 attendees and 40 exhibitors, and attendees from each conference will be able to take advantage of sessions offered by the other, including combined general sessions and pre-conference workshops.

View the full Call for Abstracts – [Click Here](#)

Send your Submissions electronically today via email at abstract@intnsa.org.

Nurses' Health Study III

Please see below for information from Dr. Stacey Missmer regarding the Nurses' Health Study.

We cannot overstate our appreciation for the nearly 250,000 nurses who have contributed to the Nurses' Health Studies to date and for the enthusiastic support from the members of the Nursing Organizations Alliance to make recruitment for the third Nurses' Health Study Cohort a success.

For materials to disseminate, go to nhs3.org and click on the tab "Pass it on". Here you will find materials that are intended to help with recruitment: ready to print flyers and postcards, ready to download study logos and a press release. We are also on Facebook (www.facebook.com/NHS3.org). Note that during the pilot phase of launching enrollment efforts, several organizations have edited the press release to their convenience (for example when they need it to be shorter); please feel free to do so.

If you have any questions, you can contact me or contact the faculty member heading recruitment efforts, Dr. Jorge Chavarro (jorge.chavarro@channing.harvard.edu).

In addition, we welcome speaker requests from NOA member organizations. Again, feel free to contact me, or our senior investigator, Dr. Susan Hankinson (sue.hankinson@channing.harvard.edu), and we will put you in touch with the investigator who is most knowledgeable about the subject area within NHS research that would be most interesting to your members. You can also find general information about the cohorts at nurseshealthstudy.org.

Thank you again,

S t a c e y

Stacey A. Missmer, ScD
Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology
Director of Epidemiologic Research, Division of Reproductive Medicine
Brigham and Women's Hospital and Harvard Medical School



Contact Information:

Stacey A. Missmer, ScD
Assistant Professor in Epidemiology
Harvard School of Public Health
Ob/Gyn Epidemiology Center
221 Longwood Ave
Boston, MA 02115
office: 617-732-7358
e m a i l : [s t a - c e y.missmer@channing.harvard.edu](mailto:s_t_a_c_e_y.missmer@channing.harvard.edu)



International Nurses Society on Addictions

P.O. Box 14846
Lenexa, KS 66285-4846
Phone: 913.895.4622
Fax: 913.895.4652
E-mail: intnsa@intnsa.org
Website: www.intnsa.org

Executive Office Staff

Executive Director

Monica A. Evans-Lombe
mevanslombe@goamp.com

Administrative Assistant

Kimberly Rudolph
krudolph@goamp.com

Meeting Manager

Melissa Whitaker
mwhitaker@goamp.com

Copyright Information

IntNSA News Wave is the official publication of the International Nurses Society on Addictions (IntNSA). It is published six times a year in Lenexa, KS as a benefit of membership and circulated free of charge to IntNSA members.

Co-Editors:

**Al Rundio, Jr., PhD,
DNP, RN, APRN, CARN-
AP, NEA-BC, DPNAP**



**Debra F. Hobbins, DNP, APRN,
LSAC, CARN-AP**

Information appearing in this publication is obtained from sources we believe to be reliable. The information may not be a complete statement of all available data and is not guaranteed as such. Conclusions are based solely on editorial judgment and analysis of technical factors and nursing industry information sources. *IntNSA News Wave* is copyrighted and portions may be reprinted with the permission of IntNSA. *IntNSA News Wave* is not responsible for the contents of its advertisements and advises all members to investigate claims before making purchases. Permission requests to reproduce written material should be sent to IntNSA at the address above.

Copyright © 2011 IntNSA, All rights reserved.

Our Vision

To be a global leader in addictions nursing.

Our Mission

To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research and policy development.

Save the Date for 2011



Join us in Tucson for our 35th Annual Educational Conference. The 2011 meeting will be jointly held with the American Society for Pain Management Nursing (ASPMN). Learn more at www.intnsa.org!

Submit an Article

Thank you for your continued support and contributions. Deadline for articles is Feb. 15, 2011. Please send them to IntNSA headquarters c/o newswave@intnsa.org. All submissions are welcome and will be considered as space permits. Please note, all articles are subject to revision at the discretion of the *IntNSA News Wave* editorial board and should be submitted in a Word format. Thanks for your continued support of IntNSA.

Advertise with Us

If you're interested in placing an ad in the *IntNSA News Wave* or on our website, www.intnsa.org, please contact us at intnsa@intnsa.org