

NEWS WAVE

"To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research, and policy development."

AN OFFICIAL PUBLICATION OF THE INTERNATIONAL NURSES SOCIETY ON ADDICTIONS

Volume 2, Issue 2

May 10, 2011

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President's Message

By Deborah Finnell, DNS, PMHNP-BC, CARN-AP



The annual IntNSA Board of Directors' Strategic Planning Meeting was held on March 4 to 6, 2011 at our association management headquarters (Applied Measurement Professionals, Inc.; AMP) in Olathe, Kansas. Attendees included all current elected IntNSA Directors (Suzan Blacher, Coleen Corte, Becky Eisenhut, Deborah Finnell, Tara Haskins, Debra Hobbins, Dana Murphy-Parker, Elizabeth Pace, Al Rundio, Stephen Strobbe, Judi Tomlinson), ex-officio members (Christine Vourakis, *Journal on Addictions Nursing [JAM]*; Elaine Feeney, Foundation for Addictions Nursing [FAN]; Virginia Coletti, Addictions Nursing Certification Board [ANCB]), and IntNSA's Executive Director, Monica Evans-Lombe.

We were greeted by AMP's Senior Vice President of Management Services, Dede Gish-Panjada and Kathy Ramseier, IntNSA's Accounting Coordinator. Cathy Berra, AMP's Director of Management Services participated in Saturday morning's discussion on the organizational structure of IntNSA, the FAN, JAN, and ANCB and the role of the Executive Director.

The face-to-face meeting provided the opportunity to develop our Knowledge Based Governance skills. In October 2010, the Board was oriented to a five-step change process: (1) identify the agenda item, (2) provide background information (what is known about the wants and needs of those affected by IntNSA regarding the issue, the current environment, the capacity and strategic position of IntNSA relevant to the issue, and ethical implications), (3) possible

courses of action, the pros and cons for each, the refined course of action, (4) final recommendation (action, intent, and accountability), and (5) action sought from leadership (e.g., vote, assignment of further task group, allocation of funds). With a template for the five-step change process, brainstorming moved to a concrete documented work plan. Our first undertaking focused on the broad agenda item, increasing access to opioid assisted therapy through extending buprenorphine prescribing to qualified advance practice nurses with prescriptive authority. A task group will be identified to focus on this issue with Debra Hobbins as the IntNSA Board liaison. Similar work focused on initiating position papers (Stephen Strobbe, Board liaison) and establishing a speaker's bureau (Al Rundio and Colleen Corte, Board liaisons). We want to utilize the skills and abilities of IntNSA members, so watch for future "IntNSA Wants You!" notices about time-limited tasks.

The one and one-half day meeting provided the opportunity for the Board to be immersed in discussions related to our mega goals – growing and retaining members, increasing our visibility, dissemination of knowledge and information, and advocacy – with a focus on *action*. Individually and collectively, we ended the meeting with a renewed commitment to lead IntNSA toward our vision *to be a global leader in addictions nursing*.

Deborah J. Finnell

Happy Spring!



2010-2011 Board of Directors

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Message from the Secretary

By Dana Murphy-Parker, MS, RN, APRN-BC

The IntNSA Board recently met for a face-to-face Board meeting in early March in Kansas City.

As I mentioned in my last Secretary Message, one of the matters we have been focusing on, as a Board, is our expectations as to our role on the Board, and evaluating how we are doing as a Board.

Prior to our arrival in Kansas City, our Executive Director, Monica Evans-Lombe sent out a *Board Assessment* survey which allowed Board members to complete online and submit back to the Executive Office. These results were tallied anonymously.

The Board Assessment survey collected individual Board members thoughts on 1.) Role of the Board; 2.) Board's Relationship with Executive Director; 3.) Board Meetings; 4.) Monitoring the Performance of the Organization; 5.) Board Size, Composition and Director Qualifications; 6.) Officers and Committees, Legal Requirements, and 7.) Fiduciary Responsibilities. The Board Assessment survey results were shared with all Board members and discussed at the Board meeting in Kansas City. For the most part, I am happy to tell you that the results were strong, particularly in the areas of Role of the Board, Board's Relationship with Executive Director, and Board Size, Composition and Director Qualifications. Areas where some Board members needed further explanation and clarification were able to be discussed at the face-to-face meeting. This, in and of itself, gave all the Board members a better overall understanding in many of these Board areas. In fact, we plan to do a 'follow-up' Board Assessment survey to now measure again, the thoughts and understanding of all Board members in these areas. I'll keep you posted on those results.

I wanted to give you this information because, as you know, IntNSA is your organization, and you elect the Board members to lead IntNSA for you. Please feel free to contact me, or contact any Board member, for any questions you may have. And, may I also take this opportunity to ask those of you who would like to be involved on the Board to look for the Board openings for this fall. Contact the nominations committee if you are interested or if you know someone would be a good asset to the IntNSA Board.

Making Waves

IntNSA is honored to recognize
**Dr. Diane Snow and
Dr. Nancy Campbell-Heider**
for their induction as Fellows of the American Academy of
Nurse Practitioners. This is recognition bestowed
to select individuals who met stringent criteria.
Our heartfelt congratulations!!!
IntNSA is so proud to have you as
members of our organization.



Global Addictions Nursing Mini-Summit

By Dana Murphy-Parker, MS, RN, APRN-BC

Please see the information below regarding developing plans for a Global Addictions Nursing Mini-Summit to be held in London, starting in the evening with a dinner on May 31st. We will hold an all-day meeting, June 1st, and have plans for clinical site visits in London to some Substance Misuse Treatment programs. See below for more details.

We realize that for many of you, London may be a distance. If you can join us, it would be wonderful; however, if you are not able to at this time, we do plan for this to be an ongoing international initiative and we will keep you posted on all developments.

As mentioned below, plans are still being developed, however, we wanted to get this out as a 'save the date' in hopes that some of you can join us. I will send out an update email as soon as plans are confirmed. We do know that the meeting will take place at Middlesex University Main Campus in Hendon, London.



Hendon Campus
London, England



Laramie, WY, USA



College of Nursing and
Health Professions



University at Buffalo
Buffalo, NY, USA



Join us June 1 to 2, 2011 — London, England

In October 2010 the International Nurses Society on Addictions Educational Conference focused on the role of addictions nurses globally. Generated from that conference was enthusiasm for continuing the dialogue.

The purpose of this one and one-half day Mini-Summit is to bring together addictions nurses and other disciplines in addictions to engage in international collaborations. A primary focus will be on efforts directed to early identification, prevention and intervention for at-risk individuals, groups, and populations.

There is no fee for the meeting. The mini-summit will take place in London. Arrangements for the precise location are underway and will be forthcoming. Please contact Dana Murphy-Parker (dmurphyp@uwyo.edu) to RSVP and/or obtain additional information.

DRAFT Agenda

May 31, 2011

1700-2000 Reception and Dinner

June 1, 2011

0900-1700 Welcome & Introductions
1800-2100 Dinner

June 2, 2011

0900-1200 Clinical site visits to London area Substance Misuse Treatment Programs

1200 Depart for home/touring



Board of Directors and Officer Nominations – Now Open

Deadline for Nominations is **May 16, 2011**

Open positions include (terms are two years):

- Secretary
- Treasurer
- Board of Directors positions (3)
- Nominating Committee (2)

Candidates for IntNSA board and officer positions are required to be present at the 2011 Conference in Tucson, Arizona.

Please complete the biographical information and submit a candidate statement of no more than 300 words describing the nominee's:

- Professional background
- Involvement in IntNSA
- Experience and strengths related to the position

NEW! This year the submission process will be done completely online. Use the link below to access the online submission site.

[Click here to complete the Biographical Data and Consent to Serve Form](http://www.surveymk.com/s/FBJDGSZ) online or paste the following link in your browser: <http://www.surveymk.com/s/FBJDGSZ>

National Nurses Week 2011 – *Nurses Trusted to Care*

Often described as an art and a science, nursing is a profession that embraces dedicated people with varied interests, strengths and passions because of the many opportunities the profession offers. As nurses, we work in emergency rooms, school based clinics, and homeless shelters, to name a few. We have many roles – from staff nurse to educator to nurse practitioner and nurse researcher – and serve all of them with passion for the profession and with a strong commitment to patient safety.



Background

National Nurses Week is celebrated annually from **May 6**, also known as **National Nurses Day**, through May 12, the birthday of **Florence Nightingale**, the founder of modern nursing. Visit the **NNW History** page, part of the [NNW Media Kit](#). See below to learn more.

NNW Logo

The National Nurses Week logo is developed by the American Nurses Association (ANA) to help celebrate nurses and all that they do. ANA does trademark this logo but allows facilities to use it in their own celebrations. Guidelines for logo use and downloadable files are available in the [NNW 2011 Logo Library](#).

Information provided from above is from the ANA website and can be found at:
<http://www.nursingworld.org/FunctionalMenuCategories/MediaResources/NationalNursesWeek.aspx>



Governmental Affairs Update

By Wade Delk, Director of Governmental Affairs

We are still working to amend DATA 2000 so advanced practice nurses will have prescriptive authority for buprenorphine. An amendment has been drafted, and the specifics of it are still being discussed by some legislators. It has not yet been released for public review. The discussions have been around including some additional language around prescription drug abuse. The amendment that's currently under discussion would simply eliminate "physician" and replace it with "practitioner". All of the training and registration elements of DATA 2000 would remain the same. We will update you on any and all developments as they become available. We will also let you know what you can do to help in this effort in the near future.

If you are going to be in the Washington, DC area at anytime over the coming year please let me know. It will be great to have you attend Congressional meetings with me. Your expertise in those meetings will be invaluable.

If you have any questions or would like to talk about issues that you think IntNSA should be involved in or advance please let me know. I would love to hear from you.

Wade Delk, IntNSA Government Affairs Director
202-253-7862
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Wade Delk is IntNSA Director of Governmental Affairs. In this role Wade assists IntNSA leadership in developing a legislative strategy, and legislative initiatives. He increases our visibility with related organizations by actively participating in coalitions, and advocating our position to legislators and the regulators. Additionally he helps us identify the stakeholders that need to be engaged, develops communications strategies to inform members and other stakeholders of the associations' position, monitors legislation, and notifies IntNSA leadership when obstacles are encountered along with a recommended plan of action. In conjunction with our goals and mission he seeks to ensure that we are not left out of important discussions taking place in government that may affect are members, and our industry.

Call for Awards 2011

IntNSA is soliciting nominations for its awards, which will be presented at the yearly conference. Please consider nominating colleagues for these awards. Completed nomination forms must be received at IntNSA headquarters by **June 1, 2011**. IntNSA appreciates your input.

[Click here to download the nomination form.](#)

Purpose: To recognize the nurse who has made an outstanding contribution in one of the categories.

General Criteria: Nominee must be a current member of IntNSA and an RN. Documentation and evidence of expertise, service, and/or contributions must accompany nominations as appropriate.

Selection: The Recognition and Awards Committee will determine awards. Any IntNSA member may submit nominations to the committee on the official nomination form. **All nominations must be returned to the IntNSA office by June 1, 2011.**

Recognize your colleague's
accomplishments, nominate them for
an IntNSA Award today!



Get Certified!

You have the opportunity to become a Certified Addictions Registered Nurse (CARN) or Certified Addictions Registered Nurse - Advanced Practice (CARN-AP).

These examinations, implemented by the Addictions Nursing Certification Board (ANCB), determine the ability of the test taker to apply knowledge from nursing and related disciplines to the care of persons with problems resulting from patterns of abuse, dependence, and all aspects of addictions.

NEW FEES Take effect July 1

The fees for these certifications are as follows:

CARN

IntNSA Member: \$195
IntNSA New Member: \$335
Non-Member: \$395

CARN-AP

IntNSA Member: \$295
IntNSA New Member: \$435
Non-Member: \$495

Non-U.S. nurses who meet the eligibility criteria are also invited to apply.

Applications and eligibility criteria are available online at www.intnsa.org.

ANCB Corner—Certifying Excellence in Addictions Nursing

By Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, ICCDPD, ANCB Director and Nancy Campbell-Heider, Ph.D., FNP, NP-C, CARN-AP, ANCB Director

The ANCB has seen many changes since the October Board Meeting in Greenwich Connecticut. Four members of the 2009-2010 Board completed terms of office and retired. Board Chair Connie Mele was one of these members. Vice Chair Virginia Coletti succeeded her as Chair. The ANCB also said goodbye to Harvey 'Skip' Davis, Fred Osborne, and Susan Storti. New board members are Elizabeth Fildes, Keitha Beamer, Colleen Labelle, and Rosemary Smentkowski. For the first time the board has also welcomed a Public Member, Sara Azimi-Bolourian. All board members, incoming and outgoing, were on hand at the ANCB exhibit table to congratulate new and old certified attendees, answer questions, and encourage conference attendees to consider taking one of the certification exams. Certification is the recognition that the individual thus certified has attained knowledge, skills and experience beyond entrance level and denotes excellence and expertise in practice. It was very rewarding to have so many visitors to the table.

At the same time that the composition of the board was changing, changes were made in the requirements to sit for the CARN certification exam. To apply for the CARN, the requirements read: *"Have a minimum of 4000 hours (two years) of nursing experience related to addictions as an RN in a staff, administrative, teaching, private practice, consultation, counseling, or research capacity within the last three (3) years."* When this requirement was compared to requirement that ANCC used for the PMH generalist certification it was noted that it read *"Practice equivalent of 2 years as an RN, minimum of 2000 in clinical hours in psych/mental health in last 3 years. Complete 30 hours of CE in 3 years."* The ANCB decided to adjust the practice equivalent hours for the CARN. Beginning January 1, 2011 the practice equivalent requirement became *"2000 hours within the last 3 years. Complete 30 hours of continuing education related to addictions nursing within last 3 years."*

This change to the application requirements is a part of the ongoing review of the credentialing process that is part of the board's commitment to a quality assurance approach to maintaining the professionalism of the credentials and to the pursuit of accreditation by the Accreditation Board for Nursing Specialty Certification (ABNSC). Committees within the board are working on various aspects of the accreditation process. Plans for role delineation studies for both the generalist role and the advance practice role are continuing. Volunteers have been signed up to be subject matter experts (SMEs) but additional volunteers are needed. Please contact any member of ANCB if you have any interest in participating in the role delineation studies. Remember, this is your opportunity to ensure that our examinations reflect the current practice of CARN's and CARN-AP's.

Next Recertification Deadline: June 30, 2011

The next CARN / CARN-AP Certification expiration is on **June 30, 2011** and any applications received after the expiration date will need to include a \$100 reactivation fee. If your certification is set to expire in June, you should have received 2 mailed postcards as well as direct email reminders. If you are unsure when your certifications expires, contact the Executive Office and we can look it up for you.

Download the recertification application and instructions online at: http://209.235.232.110/content/Forms/carn_recertification_application_2009.pdf



New Fee Structure for Exam and Recertification

At the IntNSA Board Meeting, March 6, a new fee structure was proposed and approved for the CARN and CARN-AP Certification Exam and Recertification. The decision was based on the incentive for IntNSA to recruit new members through this process. This new fee structure will be in effect as of July 1, 2011.

EXAM AND RECERTIFICATION — NEW FEES JULY 1, 2011

CARN

Member - \$195
New Member - \$335
Non-Member - \$395

CARN-AP

Member - \$295
New Member - \$435
Non-Member - \$495

FAN News – Expanded Scholarships for 2011 Conference

By Elaine Feeney, PhD, RN

The Lois Widley Scholarships and the Cathy Buffington Scholarships have been expanded and improved. In addition to covering the cost of registration to the 2011 IntNSA conference, the scholarships include a **\$100 stipend** for incidental expenses. Please complete the appropriate form right away - don't delay - **the deadline is June 1, 2011!**

Visit the IntNSA website for more information and submission details for:

- [Lois Widley Scholarships](#)
- [Cathy Buffington Scholarships](#)

Support FAN!

The FAN trustees would like to remind you that when you do your on-line shopping, you can support FAN at the same time. There are over 700 merchants who participate in this activity. All you have to do is go to the link <http://www.iGive.com/F-ADDNSG> and sign in as a participant. If you download the toolbar to your homepage, it will give you a very convenient reminder to use the portal for all your shopping and browsing.

Donate to FAN...It's as
easy as one click!



Celebrate National
Recovery Month
September 2011

Watch for details about a
kick-off celebration at
this year's conference!



International Nurses Society on Addictions

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Copyright Information

IntNSA News Wave is the official publication of the International Nurses Society on Addictions (IntNSA). It is published six times a year in Lenexa, KS as a benefit of membership and circulated free of charge to IntNSA members.

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Our Vision

To be a global leader in addictions nursing.

Our Mission

To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research and policy development.

Save the Date for 2011



Join us in Tucson for our 35th Annual Educational Conference. The 2011 meeting will be jointly held with the American Society for Pain Management Nursing (ASPMN). Learn more at www.intnsa.org!

Submit an Article

Thank you for your continued support and contributions. Deadline for articles is June 1, 2011. Please send them to IntNSA headquarters c/o intnsa@intnsa.org. All submissions are welcome and will be considered as space permits. Please note, all articles are subject to revision at the discretion of the *IntNSA News Wave* editorial board and should be submitted in a Word format. Thanks for your continued support of IntNSA.

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